# Bridport

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# Further warnings after cliff death

A MAN has died after falling from the cliff at Burton Bradstock last week. Emergency services were called last Friday (September 16th) just after 1.30pm, but the man was pronounced dead at the scene.

A spokesperson for Dorset Police said: "Police were called at 1.38pm, Friday, September 16th, to reports that a man had gone over the cliffs at Hive Beach, Burton

"Officers, paramedics and the coastguard attended, but the man was sadly pronounced dead at the scene

"The coroner has been notified. At this stage the death is not being treated as suspicious.'

The South Western Ambulance Service sent a number of units and said that there was one casualty and the Dorset and Somerset Air Ambulance and the coastguard helicopter also attended.

Information regarding the man's age or other details has not vet been released.

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## by Lottie Welch

lottie@viewnews.co.uk

Calls to launch a national campaign about the dangers of the coast are being echoed up and down the country after a rise in 999 responses.

Local authorities are warning beachgoers of the dangers of the coast and a worrying rise in cliff-related emergency responses and hospital admissions has sparked beach safety warnings from councils and fire authorities.

Firefighters are responding more to people getting stuck climbing high cliffs, stranded dogs - whose owners have themselves become trapped trying to rescue them and huge rock falls.

Locally, warnings of the dangers of the coast have also become more frequent after a number of cliff falls at West Bay this year, one narrowly missing bathers on East

New figures show the RNLI undertook 166 launches to people on cliffs in 2015,

compared with 118 in 2014 ■ BRIDPORT based - a rise of 41 per cent -**Dorset Nectar was** while firefighters are resthe inaugural winner of the Gill Esp Cup at cuing people stranded on the South Somerset cliffs and beaches due to Cider Sampling. The eighth samrising tide on an average of once a month.

from cliffs in 2014/15,

compared with 112 in

2013/14 - an eight per cent

To help reduce this, the

increase

pling event took place on Friday, September 9th in Further figures from the Health and Social Care Information Centre show Hinton St George Vil-121 people were admitted lage Hall. to hospital with injuries sustained due to falling

Catherine, Gill's daughter, is pictured presenting the cup for Best Farmhouse Cider to Dante Strong of Dorset Nectar Cider. Local Government Association (LGA), which represents more than 370 councils and all 48 fire and rescue authorities, is calling on government to launch a national campaign to highlight the risks of climbing, walking along or bathing near cliffs and is urging people to assess the risks and use their judgment.

Cllr Simon Blackburn, chairman of the LGA's safer and stronger communities board, said: "At this time of year a walk along the cliffs can be lovely, but while the views may be picturesque, they come with their own per-

"It is irresponsible and negligent for any inexperienced climber to scale the cliffs because not only are they jeopardising their own safety, they are also endangering the lives of firefighters and fellow rescue workers who are expected to come to their aid when they get stuck or fall.

"Young people may see the cliffs as an opportunity to explore and climb, but doing so isn't worth the risk.

"Cliff rescues are difficult, dangerous and time-consuming operations which often involve co-ordination with the coastguard and other emergency services. They put a demand on resources and can lead to fire and rescue services elsewhere being called to provide back-up or

"Some of these can easily be avoided if people take precautions when walking across cliff tops or beaches. "Walkers and bathers should steer clear of cliff edges

both the tops of them and below at beach level."















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ARTIST and fishing enthusiast Jess Douglas grew up on the Mediterranean island of Ibiza before moving to Lyme Regis with her family. A former Woodroffe School pupil, she went on to study illustration at Plymouth University and her latest work 'Lyme Caught' is inspired by her time spent working in the local fishing

#### WHEN did you first take an interest in art?

Both my parents were artists and they always encouraged me to paint and be creative. It's just something I've always been good at.

#### DID you study art at university?

Yes, I studied Illustration at the University of Plymouth. I couldn't have asked for better tutors really. They were very supportive and knew how to push me towards my strengths. We went on a trip to New York in the second year, and that's where I found my true style. I started drawing old abandoned buildings and fairgrounds in New York, and the old painted adverts on the side of buildings and billboards were really inspiring to me. I found them to have a kind of mystery and a lost story to them.

#### WHAT inspires your work now?

Since graduating in 2009 I felt quite lost without being surrounded by artistic people to bounce ideas off, and lost all inspiration to create anything.

I went off and worked on super yachts in the Mediterranean for a bit. When I returned I qualified as a commercial skipper, and started crewing on one of the small fishing boats out of Lyme.

But it was only March this year that I finally found inspiration to paint again. The biggest boat in the harbour belongs to a friend of mine, it's called New Seeker. I just decided I'd paint it, without him knowing, to see if I still had it. I eventually showed him, and he loved it and bought it off me. He suggested I posted a picture of it on a Facebook page called "Fishing News" and since then it's all gone a bit mad! I have painted 24 boats to date, from Whitby, the Shetlands, Isles of Scillies, Ireland, Channel Islands and three commissions on order for America.

#### WHAT medium do you like to work in?

I use paint marker pens called "Posca" (which originate in the street art scene) as well as brush markers and pen and ink.

#### TELL us a little more about your latest project,

Lyme Caught is the name I'm giving this current boat themed project that's ongoing. I wanted to show my support to the fishing industry which I'm in and love so much. I think fishermen get a bad press some-



times, so I wanted to show people how hardworking these men and women are, and try and portray the beautiful boats that they rely on so much through all

I've now got myself a little studio in town, where I was hoping to start doing screen-printing from, eventually producing and selling prints and T-shirts under the Lyme Caught name.

#### WHERE is your artwork available to buy?



I don't have a website for my boat paintings yet, but do have Instagram - LymeCaughtIllustration or Lyme Caught Facebook page. Some of my prints are also displayed in the back street windows of the Harbour Inn down at the Cobb.

#### WHAT do you enjoy about working on the

I got into fishing about six years ago when I was invited out to try out fishing for bass using a rod and line. I'd never even held a fishing rod before so I was so chuffed to catch quite a few bass that day! Since then I was hooked (pardon the pun) and made sure I took all my certificates to become a qualified deckhand, then after four years experience I could do my

My parents owned a sailing boat when I was little, when we lived in Ibiza where I grew up, so I've always had the sea in my blood, but there's some deeper connection to the sea when your fishing.

These fishermen have so much knowledge of the sea, they know the seabed like the palm of their hands; the way the tides run, and working the weather. I've so much respect for them and am massively lucky to be accepted into such a close knit working community, that in Lyme really goes unno-

#### WHAT do you like about living in lyme?

Having grown up in Ibiza, there's not many places that can beat living there, but Lyme is where my roots are and it's got everything I need; the sea, beautiful views, lovely people, and the Cobb, where I spend most of my time hanging out, drinking tea, and talking about the weather with all my favourite fisher-

Jess is currently running a competition on her Facebook page 'Lyme Caught' to win a free print of one of her boat paintings. All those who like and share her page will be entered, with the winner to be drawn at the end of September.



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# Paul Blake wins gold and silver medals at Rio Paralympics

LOCAL athlete Paul Blake has added two Paralympic medals to his collection, including claiming Great Britain's 50th gold medal at Rio 2016.

The 26-year-old from Dorchester raced to gold in the T36 400 meters in Rio last Friday (September 16th), for which he claimed silver at London 2012, but went one better this time achieving a season best time of 54.49 seconds and beating rival Roman Pavlyk of Ukraine, who came second.

Afterwards Blake told Channel Four: "I'm lost for words. In 2012 I was fortunate enough to get silver and bronze (800m) and I've finally done it (won gold). All the hard work this year has paid off."

He also paid tribute to his coach and his family, who were in the stadium to watch his success.

Commentator Iwan Thomas, himself a silver Olympic 400m winner, was extremely complementary at the way he ran the race. He said: "Paul is one of our most outstanding and experienced athletes and is very popular within the team."

On Saturday (September 17th) Blake added a silver medal to his haul when he finished second behind Australian James Turner in the T36 800m, for which he achieved bronze in London.

After the race he said: "To get a silver medal, I'm really pleased with myself. I went off a bit too slowly.

#### by Lottie Welch

lottie@viewnews.co.uk

"If I had gone off a bit quicker, I maybe could have held onto him. He was just better than me on the day. Congratulations to him.

"He went off pretty hard. My coach told me if he takes it out then I should go with him, and I did. But I wasn't strong enough."

Before Blake went to the London Paralympics, he was helped by the Terry Collin Fund, which was set up in memory of the former Bridport and Lyme Regis News sport editor, who died in 2002, to honour local sporting champions.

His sisters – Heather Crabb, Mary Reed and Anna Fowles – run the fund, which is based in Beaminster and has distributed thousands of pounds to local athletes.

Heather Crabb said: "We are absolutely thrilled to bits and were glued to the television for his

races and absolutely delighted when he got gold.

"We do follow Paul and have always taken a great interest in what he is doing.

"It is really lovely hav-

ing him to watch and knowing him – he is such a nice lad.

"He came to us when he was just starting out, maybe a couple of years before the London Olympics. He was quite a young boy and now we see this big, strong man.

"We always keep watching him with enormous interest."

Mr Blake also officially opened the West Bay play area extension in July this year, which includes play equipment for all abilities, and was also a member of Bridport Evolution Basketball Club.

Craig Sorrell, the coach at the club, said: "I know Paul very well as I played alongside him at the club when he played. He is such an inspiration to other sports driven athletes!

"As a club, and personally, we would like to congratulate Paul on his incredible success in London 2012 and now Rio too!

"We wish him well with all his future opportu-

nities in doing what he does best and the club will be supporting him all the way. And, of course, the door is always open to him if he fancies picking up a basketball again!"





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Paul Blake achieved a gold and silver medal at the Rio Paralympic Games

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# Campaign to raise funds for basketball wheelchair

A LOCAL fundraiser is hoping to help a teenager's dream of reaching the Paralympics.

Bridport resident and basketball player Craig Sorrell, who is the coach at Bridport Evolution Basketball Club, wants to raise enough money for a specialist bespoke wheelchair for a teenager whose dream is to play basketball at the Paralympics.

Craig was put in contact with Tom Barnes after he volunteered at the London Olympics in 2012, which opened his eyes into helping others.

He said: "I decided I would hold an annual basketball tournament to raise awareness of the sport, and introduce opportunities for local people to get involved whilst raising money to help individuals who need support to succeed in fulfilling their dreams.

"After a little research and communication with Team GB wheelchair organisation, I tried to help a 17year-old boy named Tom Barnes.

"Tom lives in the North East area and plays wheelchair basketball. He is a talented young boy who is on the breakthrough to playing for Team GB but due to nought per cent funding for the sport in this country, Tom is unable to progress to playing for his country due to not being able to afford the bespoke specialised

wheelchair he needs to comply with the regulations set in place to take part.

"The goal for me is to raise the complete cost of getting the wheelchair built for Tom, including personally picking up and delivering the wheelchair myself.

"I also hope by doing this I can inspire others to help the less fortunate and boost the popularity of the sport.

"I plan to stage a number of events based around basketball to raise the full amount needed to get Tom his wheelchair and follow his success in hopefully reaching the Tokyo Paralympics in 2020."

Craig has already hosted a charity 3v3 tournament which has raised £1.038.

He added: "So far I have had a great response and support after hosting the first event with a basketball tournament in Bridport.

"I had teams entering from lots of different areas, including Bournemouth, Salisbury, Exeter and London to name a few, and with the help of volunteers and local businesses, the tournament was a huge success and made a great start to the fundraising."

Anyone who would like to donate can contact Craig at craigsorrell@rocketmail.com or call 01308 898 283



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LOCAL basketball player Craig Sorrell is fundraising for a specialist wheelchair designed for basketball through charity basketball tournements. Pictured are all those who took part at the most recent event 4 Wednesday, September 21st 2016 BRIDPORT www.viewnews.co.uk



# **View Family Announcements**



#### **BEKAH HUGES**

Happy 10th Birthday for the 21st September 2016 Lots of love Nannie & Mike xx



#### JAN PINKER

A very Happy Wedding Anniversary today 53 years! Love from husband Pete xxx



Congratulations to
Richard Rathbone and Abbygail Vaux
on their wedding on 23rd September
2016. With best wishes for the future
from Mum & Dad Rathbone



#### **BEKAH**

Happy 10th Birthday on the 21st September 2016 Have a lovely day, Love Mum, Ashley & Aaron

# Jan & Pete Pinker

Happy Anniversary Mum & Dad! With lots of love Becky, Pat & family





## Joe Reed

Happy 40th Birthday!
Hope you enjoy your surprise and
we love you dearly. From Kath, Marie and Wesley xx

#### FREE FAMILY ANNOUNCEMENT FORM

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PLEASE NOTE: We cannot accept announcements without a signature, address and telephone no. All announcements must be in by 12 noon on Friday for the following weeks publication.

# Youth centre looking for long term support

BRIDPORT Youth and Community Centre Trust is seeking 100 people to help them make Bridport Youth Club secure in the long term.

The trust, which took over the running of the centre from Dorset County Council on September 1st, has already secured the services of Somerset based Active Learning and Skills to deliver both the Wednesday and Friday evening clubs. They are now looking to build on this and ensure this service for the people of Bridport is sustainable.

Kelvin Clayton, one of the trustees, said: "Thanks to the generous donation of £5,000 from Bridport Town Council we are halfway there, but we still need to match this amount.

"In the short time since we formed the trust, we have built a solid foundation to make the best use of the centre, but we are keen that the centre is managed and directed by local people.

"Our plan is to ask 100 people to donate a guaranteed £5 a month. In return, one person a month will win £100, but every-

one will have the satisfaction of knowing that they are helping to secure a much needed service for the young people of Bridport."

Ros Kayes, trust chairperson, said: "The trust is hoping that this will help us move on to further ventures, such as a proposal for a daily weekday after school youth café with opportunities for workshops in the arts, music and

ama.

"We can do so much more with this building now that it is under our management – make it even better – and good, stable investment via the 100 club will really enable us to forge ahead."

Anyone who would like to become one of the 100 people to help the Bridport youth clubs should contact Kelvin at bridportycc@hotmail.com

# Veast of Folk support

THIS year's Veast of Folk festival has been a great success and raised a total of £665 for the RNLI.

This recent revival of an old tradition in Burton Bradstock ran from

September 8th to 10th and included a wide range of music, song and dance.

Two music sessions in The Anchor Inn on the evening of Thursday,

September 8th and the afternoon of Friday, September 9th were well attended and had some great music and songs.

The family Ceilidh on the Friday in the village hall was a sell-out and the audience entertained by Tim Laycock and friends with caller Angela Laycock. Local bands filled the Three Horseshoes with music on the Saturday, including Acoustic Rooster, HiDDeN, Delta 88, Mor or Less, Garry Smith and Moveable Feast.

Roy Perkins, of the organising committee, said: "We are grateful to all of the musicians who provided their services for free in aid of the RNLI; to the Anchor Inn and the Three Horseshoes for their support; and, of course, to our team of willing helpers, without whom the event could not take place."

# New season of Golden Cap talks

THE Golden Cap Association's programme of winter talks gets under way again later this month with a talk on 'West Dorset Wildlife Reserves' by Steve Masters, a warden for The Wildlife Trust.

The talk will take place on Monday, September 26th at 7.30pm in Bridport United Church Hall.

This will be followed in October with a talk by Antiques Roadshow regular Paul Atterbury on what life is like behind

the scenes making the BBC show.

The titles of other talks in this programme over the next few months include: 'Life at the Royal Hospital' by Brian Cumming; 'The Fleet Air Arm Museum – What's That To Do With Me?' by Barbara Gilbert; 'A Box Full of Wonders – NT Archaeological Discoveries' by Nancy Grace and 'The Wildlife and Ecology of the Exe Estuary and the Jurassic Coast' by Rod Lawrence.

All the association's talks are held in Bridport United Church Hall and members of the public are welcome. Admission costs £3 and includes tea or coffee and biscuits.

The Golden Cap Association West Dorset is a local group of National Trust members and accredited volunteers who support the work of the trust throughout West Dorset whilst also taking part in a programme of social events. Call 01308 863577 for more details.



Email: malcolm@2-md.co.uk or visit us at www 2md co.uk

AREAS COVERED: Seaton, Axminster, Lyme Regis, Beaminster, Dorchester, Weymouth all villages in surrounding areas, AND BEYOND

# County town march against Dorset NHS cuts

SINGER-songwriter and activist Billy Bragg joined a protest march through Dorchester, add- ing his voice to concerns over changes to children's and other clinical services in the county.

And there was another large turnout for the third march in support of hospital services in Dorchester.

Local parents set up the campaign after hearing about proposals to close the Kingfisher Ward and Special Care Baby Unit at Dorset County Hospital, along with other proposed changes to NHS services

in the county.

The proposals have been put forward as part of the Clinical Services Review and the Dorset Clinical Commissioning Group says that changes need to be made to avoid a £433,000 a day overspend by 2020/2021. A public consultation will take place before any decisions are finalised.

Local parent Naomi Patterson set up the campaign to save the Kingfisher children's ward and the Special Care Baby Unit at Dorset County Hospital after hearing about proposals to close them and transfer services to the east of the county.

She said: "My son contracted meningitis back in 2008 and now lives with a life threatening illness, so we spend a lot of our time up at the Kingfisher Ward.

"When the proposals in the Clinical Services Review came to light I knew for us and for many other people it would be impossible to cope with the travel.

"We also know that A&E would not be able to cope overnight without the Kingfisher Ward. It would put extra pressure on both the A&E and the ambulance service.

"The situation is causing a lot of anxiety. We have to show the Clinical Commissioning Group that they must work with us, to consider every need in every area, before they make these ridiculous proposals."

Lisa Hopkins from Poundbury said she had joined the march because



of the maternity unit.

She said: "I had a stillborn at 36 weeks, back in March and they were very, very supportive.

"I have another one on the way so I am very concerned about the possible changes.

"I would be so anxious about travelling so far if anything happened.

"I also spent a lot of my childhood in the Kingfisher Ward because of heart problems, so this is a big, big thing. There will certainly be a lot of angry people if it moves."

Jenny Legg from Dorchester said this was the first time she had been on a march.

She said: "My daughter has bad asthma and she has been in Kingfisher Ward quite a few times.

"So if it wasn't there the journey we'd have to make wouldn't be good at all. And both of my children were delivered by emergency caesarean. I think there is a lot of support for this campaign."

West Dorset resident Billy Bragg joined the march through the town and said: "I think it is very, very important that we keep the ability for children to get 24/7 treatment here in Dorchester. "It's a long way to travel to Bournemouth. Anyone who has their kid in hospital, you're going to want to be there as much as you can.

"I remember when my little brother was unconscious for six weeks after a car accident and my mum and my nan were there all the time.

"So the idea of having to travel so far is a dreadful one, that's why I wanted to come along today.

"It's important to us all here, particularly for those who live 30 minutes away from Dorchester. I think that's far enough already."

In a statement Dr Forbes Watson, chairman of NHS Dorset Clinical Commissioning Group, said: "Since the launch of the Clinical Services Review we have had several meetings with representatives of the Save SCBU and Kingfisher group to discuss the recommendations for local services and understand their concerns.

"An outcome of the last meeting was a number of planned activities including focus groups with users of local services which we trying to finalise.

"In order to ensure people can find out more about the recommendations for maternity and paediatric care we have published a summary via our social media channels.

"As we have been clear about since the launch of the Clinical Services Review, no decisions will be made until we have taken account of the views that will be collected during the public consultation.

"During the consultation we want as many people as possible to have their say so are encouraging people to find out more or to sign up for our email newsletter by joining our Health Involvement Network.

"We also encourage

cial media for the latest updates.

updates.
"Details of the public consultation will be publicised widely once we are

able to confirm the de-

Recommendations for maternity and paediatric care are also available at www.dorsetvision.nhs.uk

# **ViewLetters**

Email your views to: james.coles@ viewnews.co.uk

WRITE TO: Letters page, View from Newspapers,
Unit 3 St Michael's Business Centre, LYME REGIS, Dorset DT7 3DB

# Surgeries <u>and</u> hospitals at risk

■ TWO weeks ago I wrote to the press regarding the expected increase in Dorset's population of 150,000 people by 2030.

I asked the question as to how the NHS would be able to service such a rise in population, as it has already been argued by those in charge of change that it is impossible for Dorset to sustain the existing 135 primary care sites and its 13 community hospitals with beds.

However, for those who attended the demonstration in Dorchester on Saturday calling for the retention of the Kingfisher Ward at Dorchester hospital, the specialist care ward for children, all became clearer. Not only is it proposed to close many surgeries in favour of fewer, larger, primary healthcare hubs, but to close six of the existing 13 community hospitals with beds.

Further it would seem that

Bournemouth hospital will have to deal with all trauma cases in Dorset.
There would also be cuts in the number of hours that A&E services

will be available at both Dorchester and Poole hospitals. So what can an individual do? In fact the NHS has a legal duty to

consult us, so we should not accept such gargantuan changes without a fight. In the first instance you can visit the Dorset Health Campaign website at http://dorsethealthcampaign. org.uk and respond to the Clinical Services Review consultation.

In doing so we all can make it abundantly clear to those in charge of change that as a society we have a duty to ensure that everyone has the right to be looked after, regardless of where they live or what they earn.

It is now up to us to defend what

is ours, and send a message to the parents of the children in Kingfisher Ward that it will remain where it is.

RICHARD NICHOLLS,

Chairman, Bridport and District Labour Club

Anonymous letters will not be published except in special circumstances. Letters may be edited to fit space available. The views expressed in letters are those of the author and not necessarily of this newspaper.

# There was big support for the march through Dorchester

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# Newly refurbished arts centre re-

BRIDPORT Arts Centre reopened last week with a brand new café, bar and refurbished theatre after weeks of building works.

Laura Cockett, director of Bridport Arts Centre, said: "We are so pleased to finally reopen at the end of what has been a 13 week refurbishment project. It was great to have people back in the building again.

"What has been brilliant to see

Tytherleigh

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by Lottie Welch lottie@viewnews.co.uk

is that while many people were really excited about the development, we know there were other people who had reservations, but the feedback has been fantastic and I think pretty much everyone who has come in has said how fantastic it is looking, how bright and light it is.

**BEDROOMS** 

"We are also really keen now to get back to the business of being an arts centre and putting on shows and we are really pleased Bridport Art Society was our first exhibition and it has been great to have that fantastic show and variety of work in the building.

"The important thing for us now is we have got a really busy exciting season of events coming up.

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"We have already got a few sold out shows for the upcoming autumn/winter season – so don't delay.

"It is just lovely to be back doing what we do, being open to the public and having people wander through all the time."

The centre now boasts a new café – the Dorset Market Kitchen, a new accessible bar and box office, new offices and a refurbished auditorium.

New toilets have also been installed, as well as solar panels to enable the team to generate their own electricity and new technical equipment to help save costs.

Ms Cockett added: "It was a combination of generating more income and reducing costs and overheads because we were paying about £10,000 a year to hire theatre equipment, but now we have invested in about £100,000 worth of new theatre equipment.

"The other thing was the overall visitor experience because there were issues about very long queues at the bar, issues about the quality of performances that we were able to present in the theatre because of limited technical equipment and the way the stage was framed; and the auditorium floor was in such an appalling state and all

the balcony seats were in a really bad way.

"It is a really huge change and then there are lots of things, in terms of where we have spent the money, on things people can't see.

"About 10 per cent of the project cost is on electrical works; there is a huge amount that as gone into our infrastructure.

"A lot of what the staff worked hard to do was

to present things as professionally as possible, but operationally for us it was incredibly difficult and not sustainable, but we now have a model that is.

"Also, by upgrading the facilities in the centre we can attract the best work here because if the facilities are not of a good enough standard and artists are not able to present their work in the best way then they won't want to come here.

The new café area

"This project came out of a desire to make sure we are still able to meet the needs and demands of the visitors and the community of Bridport and West Dorset

"The reality was there were a lot of things we were starting to say 'no' to because the condition of the building didn't allow it.

"Now we have gone through this process it means that we can meet the really diverse needs of all our different users."



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Jill Beed at the newly accessible box office



Outside seating is still accessible through the centre

# opens its doors



■ Director Laura Cockett and Kieran James – who is at the helm of Bridport Arts Centre's new café, the Dorset Market Kitchen – at the new bar



■ The refurbished auditorium



THE Bridport Art Society returned to Bridport Arts Centre last week, showcasing their 59th annual exhibition.

The Allsop Gallery was filled with more than 270 colourful works of art depicting local scenes, still life, landscapes and people by more than 80 local artists.

Clive Baynes, the society's chairman, said: "The society's annual show has been a popular part of the town's calendar for nearly 60 years. Over the five days of this year's exhibition we attracted nearly 700 visitors.

"We have had many complimentary remarks about the layout and the standard of work, which seems to get better each year.

"I really do want to thank the staff here for their tremendous amount of effort to get it ready so that we could open.

"The exhibition has got our

usual wide variety of work, the standard people have been telling me they think it is very high and I think it is too. Thank you to everybody that has entered."

Winners included: Jacqueline Walker – the Keith Cast Cup for best oil painting; Jenny Cuthbert - the Holloway Cup for best watercolour; Clive Baynes - the Al Watkin Cup for best acrylic; Catherine Gundry - the Mary Johnson Award for best pastel; Olga Smith - the Michael Chappell Award for best mixed media; Olga Soyer-Batini - the Kathleen Quick Award for work in any other medium; Ros Hipkiss - the Greyhound Trophy for best seascape; Rolf Zink – the Pat Bayliff Award for animals; Ann Carter - the Groves Rosebowl for flowers; Nicola Dennis – the Sally Roper Award chosen by the president; and Jacpueline Walker's 'Clouds over Colmer' received the Batten

Cup for the most popular painting chosen by the public.

The exhibition was the first since the arts centre reopened last week

Barry Bates, chairman of trustees for Bridport Arts Centre, said: "We are delighted that such a strong partner of ours, the art society, is actually our first event back in the arts centre.

"For me it was a delight last year to come to this exhibition. I think the way it has been set out enhances the work that has gone on in here.

"I thought the standard this year was exceptionally high – some really great pieces.

"Bridport very much has a scene of artists who inspire each other, spark each other and encourage one another and I see the art society at the heart of that, and what you do together undoubtedly produces the fine individual pieces here"



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# Good report on Dorset Police's custodial services

missioner have welcomed a report which concludes that the force manages its custodial services well.

The report followed inspections conducted jointly by HM Inspectorate of Prisons (HMIP) and

They assessed the strategy in place to manage Dorset Police's custodial services as well as the treatment, conditions, individual rights and healthcare provided to those held within the Bournemouth and Weymouth custody suites,

The inspectorates found that overall Dorset Police managed its custodial services well, the detainees were treated appropriately to their needs and the conditions they were held in were good.

The report acknowledged that the number of people brought into custody under Section 136 of the Mental Health Act had been greatly reduced and mental health provision had 'improved considerably and was excellent'.

This positive result follows the introduction of a mental health 'street triage service' (in these schemes, mental health professionals provide on the spot advice to police officers who are dealing with people with possible mental health problems) and a revised multi-agency policy to improve outcomes for this vulnerable group.

Mark Cooper, Dorset Police assistant chief constable, said: "I very much welcome the HMIC and HMIP's report on our custodial services and that our efforts are being viewed positively. 'The report demonstrates that we have made

will continue to ensure further progressions for our custodial services. "I am pleased that once again the force is being recognised for how it deals with vulnerable people, and notably those with mental health con-

great improvements in a number of areas and we

cerns." Positive recognition was given to the force regarding its monitoring of the use of force within custody and was described as 'commendable'.

The report stated that when used, it was proportionate, with good efforts made to de-escalate situations.

The report noted that Dorset Police needs to improve its procedures when dealing with detained children in order to try and reduce the number of children being held unnecessarily in

However, it is recognised that the number of children brought into custody had reduced and they were treated as vulnerable due to their age.

It was also recognised that the force is already in discussions with local authorities in order to provide alternative accommodation to police cells for detained children.

The inspectorates concluded that physical conditions were good and detainees were looked after appropriately.

The report acknowledged that custody staff were good at interacting with detainees and were aware of how to deal with those vulnerabilities, as well as focusing on delivering safe cus-

Martyn Underhill, Dorset Police and Crime Commissioner, said: "I am pleased that Dorset Police is being recognised for its efforts in dealing with vulnerable people in custody and that the number of people being detained in custody under the Mental Health Act is continuing to re-

"It is clear from the report that the force is working hard to ensure that vulnerable people receive the appropriate care and it is important that those with mental health concerns are looked after by a health care professional, not by a police officer and not in a police cell.

The report also highlights the dedication and commitment of our independent custody visiting team, who volunteer their time to check on the welfare of detainees.

"We are currently looking to expand this team and would like to invite applications from

More information can be found at www.dorset. pcc.police.uk/get-involved/volunteering/ custody-visiting

## Man dislocates knee on Seatown beach

COASTGUARDS have helped rescue a man injured on the beach at Seatown.

The team were called to reports of a man who had dislocated his knee and needed to assist the South Western Ambulance Service to evacuate him from the beach.

Four officers from West Bay attended, including the team's station officer.

A spokesperson for West Bay Coastguard said: "On arrival at Seatown, the casualty was in the care of a quick response paramedic who had administered pain relief and had made the casualty as comfortable as possible.

"Once the paramedic had splinted and immobilised the leg, the coastguard officers packaged the casualty into the team's rescue stretcher and carried him the short distance up the beach to a waiting ambulance

"We wish the casualty a full and speedy recovery.

"Stay safe on the coast, but if you find yourself in difficulty or you are concerned for others do not hesitate, call 999 and ask for the coastguard."

#### Man arrested in West Allington suspected of drink driving was arrested on suspicion of drink driving after AN AXMINSTER man has been arrested on sus-

picion of drink driving in Bridport.

At 12.30am on Saturday, September 17th officers in Bridport stopped a vehicle on West Alligton and the driver, 39-year-old Alasdair Marshall, failing a roadside breath test.

He has been charged with driving under the influence of alcohol and has been bailed to attend Weymouth Magistrates' Court on October 5th.

Hangar 1. Marcus Road

If you have a story, email lottie@viewnews.co.uk or telephone 01297 446161

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# Tourism awards' finalists announced

Tourism Awards have been announced - which include Symondsbury Estate, Symondsbury Kitchen and The Anchor Inn in Seatown – with a record 60 trophies to be presented.

This year's awards have seen a 40 per cent increase in entries and close competition between the best businesses and individuals across Dorset's tourism industry.

Entrants went through a three-stage judging process, taking into account websites, reviews, social media and a widespread programme of mystery visits.

This year's awards attracted an increase of 107 entries across 20 categories, with new awards this year for 'glamping', 'dog friendly' and 'international tourism'.

Finalists were selected from across the country and winners will be announced at an awards ceremony at The Tank Museum in Bovington on October 13th, where they will find if they have won.

Robin Barker of Services for Tourism, who created and manages the awards programme, said: "Dorset is one of England's most spectacular attractive destinations tourism businesses.

"It is gratifying to see them being identified in this growing programme and to reward them for their innovation, dedication and excellence."

Successful businesses in the Dorset awards will automatically be considered for matching categories in the South Tourism Excellence Awards in February with the chance to go on to represent Dorset at the national VisitEngland awards later in the year.

For more information visit www.dorsettourismawards.org

# DJs set for youth centre fundraiser

THE second fundraising 'Escalator' event is to kick off at 9pm this Saturday (September 24th) at Bridport Youth Centre Hall, Gundry Lane.

The first Escalator in August raised more than £600 to help ensure the continuation of youth services after Dorset County Council withdrew funding for Bridport Youth Centre and the jobs of the

This Saturday promises a wide range of music styles - soul, jazz, funk, house, break-beat and hip hop - with headline act 'Double U', a Bridport talent returning from Bristol and well known for lively and soulful drum 'n' bass sets. The bill of six DJs also features Ben T.

The event is run by a team of volunteers and all proceeds will be donated to Bridport Youth Fund-

The large hall will be transformed with hung parachutes, film projections, specialist lighting and a chill room.

The music and bar runs until 2.30am and is for 18s and over only. Entry is £6 at the door.

# Big support for West Bay beach clean event



■ DOZENS of people came together to help clean West Beach in West Bay on Sunday (September 18th) as part of the Great British Beach Clean. More than 60 volunteers, pictured, cleared more than 20kgs of rubbish in an hour. Sandy Jones, beach care organiser for West Bay, said: "I would like to say a huge thank you to all, including Parkdean who have sponsored t-shirts and provided refreshments." The Great British Beach Clean was organised by the Marine Conservation Society and includes volunteers coming together to clean beaches across the country. For more information about West Bay Beach Cleans, search for them on Facebook.



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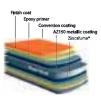






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# Flying high for Weldmar



■ BRIDPORT resident Louise Goligher, pictured, of Bridport Glass and Tile Centre has raised £573.88 for Weldmar Hospicecare Trust's Joseph Weld Hospice in Dorchester through a sponsored skydive.

She completed the highest possible skydive without an oxygen supply at 15,000ft with Skydive Buzz in Dunkeswell.

Louise was originally booked in to attempt the Guinness World Record for the most tandem dives from 15,000ft in 24 hours but it was cancelled due to bad

Louise said: "It was an amazing experience, free falling for about a minute was awesome! I am proud of myself for raising so much money for Joseph Weld Hospice in Dorchester. I would like to thank everyone who has sponsored me."



# **CAB** needs volunteers

THE Bridport and District Citizens Advice Bureau (CAB) is in urgent need of more volunteers, especially those willing to train as advisors for the Bridport office and outreach locations in Lyme Regis and Beaminster.

There is free training for all the volunteer roles and no previous experience is required and open to people rom every background.

Bryan Brown, a member of the CAB trustees, said: "We provide help and advice on a wide range of matters to more than 2,000 local people each year both in person, at our offices and from telephone enquiries, but we cannot continue to undertake this work without more support. "If you can give us just one day a week of your time you could make all the difference to the lives of others!

"This vital service, which is independent, free to all users and completely confidential, can only run with the help and support of many volunteers, but we urgently need more help to cope with our increasing workload."

The next training course will start on October 18th and will continue until December 20th.

For more information on the roles available, contact manager Rovarn Wickremasinghe at the office at 45 South Street, Bridport, or by calling 01308 456594.

The CAB is open from 10am to 3pm, Monday to Friday.

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# **Boundary changes**

stituency – which includes Bridport and Beaminster - could see changes to its boundaries as part of a nationwide electoral shake

The Boundary Commission released proposals last week which would see the number of MPs in England and Wales being cut from 533 to 501.

More than £60million would be

went ahead, with the number of South West MPs being reduced from 55 to 53.

Under the plans the Broadmayne and Crossways ward in the West Dorset constituency would be incorporated into South Dorset, along with the whole of Puddletown ward, which is currently split between West and South Dorset.

#### **TO ADVERTISE CALL** 01297 446145

# Police Report for Bridport

**DORSET Police are appealing for** witnesses and anyone with information on the following crimes to contact them on 101 quoting the relevant occurrence number.

- On Wednesday, September 7th at around 9.15pm, a window at a property in St Andrews Road, Bridport, was smashed by a cooking apple being thrown. Occurrence number 55160135587.
- Sometime between September 6th and September 8th, fuel was stolen from a fuel tank at a property in Pitmans Lane, Morcombe-Occurrence number 55160135900.
- Sometime between Tuesday, September 5th and 6.40pm on Saturday, September 10th, a burglary occurred at a property in the area of King William Head in Bridport. A quantity of cash was stolen from the property and entry appears to have been gained through a forced locked front door. Occurrence number
- On Saturday, September 10th at around 6.20pm, a window of a house in Pine View, Bridport, was hit by a ball bearing, possibly by a catapult. Occurrence number 55160137128.

55160137091.



THOUSANDS of pounds have been raised for the Alzheimer's Society as part of a Bridport resident's quest to one day achieve a world without de-

Kristy Stordy organised a Memory Walk, which are organised walks to help raise money for the charity, as her father Jon Lee was diagnosed with vascular dementia in 2011.

Dozens of friends, family and those who worked with Jon Lee turned out on Saturday (September 16th) to show their support and walk from Bridport Co-op to the marquis of Lorne pub in Nettlecombe.

Around £5,000 is thought to have been raised overall for the cause.

Kristy said: "It was a fantastic day and everything went so well. We are very near to £5,000 with sponsor

FRIENDS, family and former colleagues of Jon Lee came out in force for the memory walk in his honour in aid of Alzheimer's Society

forms to still come back, which is amazing.

"There was a wonderful atmosphere on the day and a lot of friends who hadn't seen Dad for years got to say hello [to Jon Lee as the walk passed his house]. It was very emotional as they saw the true devastation of what dementia can do to a person, but there were so many happy times too, talking about all the great times we have had.

"It is certainly going to be an annual event!"

To donate to this cause, visit https://goo.gl/aVgIZJ

# Jazz for charity at St Swithun's

JAZZ with Mood Indigo – made up of Dan Shackell on saxophone, John Snow on double bass and Sue Smith on keyboard - will be held at St Swithun's Church, Allington, on Saturday, October 1st at 11am.

There will be an interval presentation by Shelter Box, a disaster relief charity, and a collection for the Italian Earthquake Appeal. Entry is free and coffee will be served from

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## The Royal Standard's Great British Bake Off Competition 2016

A chance for you to come along to show off your baking... or come along to buy the bakes after judging!

Sunday 2nd October 2016 4pm for 4:30pm judging.

The Idea: Anyone and everyone can take part, just bring your bake to The Royal Standard, enter as many as you like in to hichever category, be judged and win prizes for first place. OR if you don't think you can bake, come along and buy the bakes for dinner, packed lunch or to take home! Most importantly, all money raised from selling

the bakes will be split between Macmillan and a local charity



- All proceeds go to charity
- The Categories:
- Savoury including breadsUnder 16 year olds all categories
- Show Stopper judged on appearance only to be sold as a whole cake.
   Professionals for all local businesses to
- take part and to be judged separately from the home bakers.

The Judges: There will be three judges from local baking and food orientated businesses in the area and prizes for the winners of each category.

- All bakes must be ready to be judged by 4:3Opm.

  Everything on the bake must be edible.

  The name of the baker must be written underneath
- the plate, as well as their phone number if they are not able to attend.
- The description plus any allergen info must be visible.
   Professional bakers/cooks may only compete in that
- All under 16 competitors must be accompanied by an adult.

This is a great chance for everyone to do their part for charity as well as trying some lovely bakes for afternoon tea or to take home. For home bakers it is a chance to show everyone how great your bakes are and for the professional cooks and bakers to really promote your business for the price of a few basic ingredients and a friendly competition between businesses in town.

If you have any other questions feel free to contact the pub on O1297 442637.





# **B** Sharp

# Music helps the brain!

SINCE it formed in 2007 Lyme Regis-based music charity B Sharp has seen thousands of lives transformed by the power of playing music.

The link between music and improving the mind is well established and through its weekly groups and other regular events hosted by music leaders who are experienced composers, musicians, singer-songwriter and technicians, B Sharp provides continuous training to nurture young talent within the community.

The broad programme of music making includes large-scale community festivals, high profile regional performances and bespoke commissions as well as the weekly term-time

music making programmes for musicians and singers from the age of eight, plus a training scheme for young and emerging leaders.

"Wherever you are, there's always a pathway to further your ability with B Sharp. This kind of training is a rare thing," says current music leader and former trainee Matt Hartnell.

Playing music has been shown to improve brain function, boost mental health, promote learning and increase memory. That has lead to a generation of young people being able to build social confidence and skills to transfer into school, future training and employment. Many of those who take part in B Sharp have gone on to become professional musicians, music leaders and to work in other creative industries, inspiring others to follow suit.

"Through our unique traineeship and apprenticeship programmes that provide opportunities for young people to work alongside more experienced professionals we are able to grow our own future music leaders," says B Sharp CEO Fran Williams. "Our leadership training and professional development helps ensure that all young people are welcomed and supported to progress musically and socially within our programmes and

work with partners to offer that training across the region."

B Sharp is now recruiting new members aged 8 to 19 to sign up to its weekly music making projects and welcome enquiries from prospective trainees, emerging and professional music leaders.

more information visit www.bsharp.uk.com, email bsharp@bsharp.uk.com or call Fran Williams on 07968 177663





# Funkee Munkees



FUNKEE Munkees is a new music-based educational playgroup for pre-school children in Bridport, Axminster and Charmouth providing a fun and stimulating environment for both children and their parents/carers.

Sessions last approximately 35 minutes. This includes group singing of new and established songs, using both live and prerecorded music, with a balance between learning and a fun environment. The children are also invited to participate using age-appropriate instruments, dancing and other movement. Parents and carers remain with their children throughout the sessions to encourage the children's participation, but also to encourage the parents themselves to become involved in an environment which is as friendly and supportive for them as it is for their children.

"My granddaughter who is 4 thoroughly enjoyed this. There was a wide range of children from 0 to 5 and it was lovely seeing them playing with the instruments and the puppets. Declan is excellent with the children."

The first taster session is free; thereafter, sessions are sold in groups of 5 flexi-tickets for £30, which also includes a sixth session free. Attendance need not be on consecutive weeks - tickets are valid for a year. For more information, please see funkeemunkees.co.uk or contact Declan on 07947 528568.

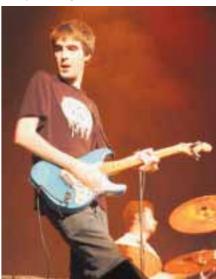
# Jack Beale Guitar Teacher

JACK has been playing guitar for 24 years with 20 years of teaching experience under his belt. Proficient in many styles including Rock, Funk, Jazz, Metal, Blues and acoustic, Jack focuses on the style the student wants to master and concentrates on the music they like as he believes music should be fun! He also covers music theory such as working on the musical knowledge to be able to improvise and compose their own pieces.

A self confessed guitar addict, outside of teaching he is guitarist for local funk band The Collaborators, one half of the acoustic duo The B-Sides and regularly deps for other singers and musicians.

At £20 for an hours lesson (half hour lessons also available) Jack offers teaching from his home or can come out to the student's house. He is comfortable teaching all ages and abilities and is DBS checked.

If you would like guitar lessons with Jack, contact him on Tel: 07910 172754 or by email: info@jackbealeguitar.co.uk



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Youth Music Arts council







## Lauren Glover **Vocal Coaching**

LAUREN has been a singing teacher and music theory tutor for 6 years working now with students aged 9-75! After graduating from the university of



Plymouth with a BA(hons) Music and going on to gain her PGCE qualification in Performing Arts, she returned to her hometown where she now teaches one on one lessons and works with local theatre groups and charities. In her spare time she is a front man for local funk band The Collaborators, half of the duo The Pickwicks and Pianist for the Bride Valley Band.

From teaching basic technique to exam material and preparation for auditions, Lauren has put many of her students trough the Trinity Rockschool examinations from grades 1-8 and has a 96% pass rate success, As for audition preparation, she has helped many gain places at prestigious Performance academies in London and around the country.

She is also comfortable working with groups and has worked leading the Bridport Youth Choir and being Musical Director for local award-winning theatre company Bridport Musical Theatre Company and youth charity Bridport Young Performer's Scholar-

The first lesson in FREE and then only £12 a half hour lesson from then on, the best value in the local area!

If you would like to take lessons with Lauren for basic technique, music theory tuition, to prep for a show or audition or to take singing exams, please get in contact by Tel: 01308 281520 or by email: glover 800@hotmail.com





## Sunny Pays

LEADING Dorset child care provider Sunny Day Nurseries who have nurseries in Poundbury and Bridport are this year celebrating their 21st birthday.

They will be celebrating in style with their Annual Staff Awards and party evening on 1st October. Parents and staff have been nominating individuals and teams to receive awards which are based around quality service and customer care.

Celebrations were also afoot earlier this year when the Bridport nursery received their second consecutive 'good' rating from Ofsted after inspection May 2016.

The inspectors found the nursery to be 'good' in all four areas assessed; effectiveness of the leadership and management, quality of teaching, learning and assessment, personal development, behaviour and welfare and outcomes for children.

Bridport Sunny Days have also introduced a very popular Summer Holiday Club which now continues into October, December and February half terms.

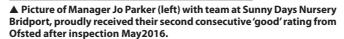
Offering lots of fun activities for children aged 5 to 8 years each weekday between 8.30am & 4pm.

For just £18per day you can be safe in the knowledge your child will be cared for by professional, qualified experienced staff.

And for the younger children Sunny Days can offer FREE govern-

ment funded places for 2, 3 & 4 vear

olds. All children are automatically eligible to claim up to 15 hours per week from the term following their 3rd birthday and Sunny Days still have some spaces available now.





## Side by Side Training

SIDE by Side Training specialises in training and qualifications for people working in the years and schools sectors. Our team of assessors and tutors is highly experienced and we work alongside learners to help them achieve. We operate within



early year's settings and schools across Dorset providing apprenticeships as well as CACHE and Pearson accredited qualifications and training for adult learners. This month we have just launched our new cost-effective range of Continuing Professional Development workshops for teaching assistants which include Cover Supervision, Supporting Literacy, Behaviour Management and Invigilation which begin in October. These workshops will ensure teaching assistants develop their knowledge as well as enabling schools to meet their training obligations. Additionally we offer a similar range of workshops for those working in early years and we are very happy to discuss bespoke requirements. Visit our website and 'contact us' for more information or email Joy direct on joy@sidebysidetraining.co.uk.





L3 Diploma Specialist **Supporting Teaching** & Learning in Schools

qualification package including functional skills in English, Maths and ICT.

#### **FULLY FUNDED**

The ideal qualification for experienced teaching

**Course start date** 26th October 2016 (delivered out of term time)

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THE PROFESSIONALS IN THE **EARLY YEARS, CARE** & SCHOOLS SECTORS



## **Chard School**

# **CELEBRATES 345 YEARS OF HISTORY**

ONE of the oldest schools in the country, Chard School has been educating children in its historic buildings since 1671, and this year celebrated its 345th anniversary in style, with a trip back in time for the current pupils, culminating in a pageant through the town. The school buildings themselves, which contain two spiral staircases and a wealth of period features, remind everyone of a certain famous wizarding school and, just as at Hogwarts, the atmosphere at Chard is truly unique.

This forthcoming academic year the school continues to move forward, with a healthy in-

crease in pupil numbers. Our pupils are happy and motivated learners who truly benefit from the individual tuition our small classes can give them, and who also have the opportunities to become involved in the many artistic, musical and sporting activities that are on offer. Our next Open Morning will be on Saturday 8th October, 9.30-11.30am. Visitors will have the opportunity to meet staff and pupils, have a tour of our extensive facilities and take in our wonderful historical buildings on the way! For more information contact the school office on 01460 63234 or visit www.chardschool.co.uk.





# CHARD SCHOOL INDEPENDENT DAY SCHOOL & NURSERY



# **Open Morning**

**Saturday 8th October** 

9.30am-11.30am

www.chardschool.co.uk

## Hooke Court Wren's Nursery



WREN'S Nursery is situated within the beautiful grounds of Hooke Court with full access to the 24 acres of grounds and facilities that this historic site has to offer.

A long standing, well qualified teaching team go to great lengths to make each child's time at the nursery a fun, action packed learning experi-

Through carefully structured activities each child will be given the skills to fulfil their own potential, from making new friends to beginning to read.

This 'Outstanding' nursery, as rated by Ofsted, has limited spaces from September 2017 and we would urge you to come and take a look for yourselves as soon as possible.

If you are looking for a nursery for your child that offers unlimited outdoor learning opportunities in addition to a creatively constructed curriculum you can find out more at www.wrensnursery.co.uk or call Amy Evans (the Nursery Manager) on 01308 862879.







Our 'Outstanding' (Ofsted rated) Nursery is situated within the beautiful grounds of Hooke Court

Nr Beaminster, Dorset, DT8 3NX Tel: 01308 862879 email: wrensnursery@hookecourt.co.uk www.wrensnursery.co.uk



## The Sir John Colyfox Academy

WE would be delighted to welcome you to our Open Day/Evening on 28th September. Once again the Sir John Colfox Academy has enjoyed a very successful year in examination results at GCSE and A Level; our students have done themselves proud! Our exciting and innovative curriculum continues to offer students a wide choice of subjects and academic pathways. Our 6th form is growing rapidly and a new partnership with Yeovil College is offering students a much wider variety of courses at Post 16.

However, we believe that a first class education is about much more than just exam results. We aspire for all our students to have a school experience that gives them access to a wide range of extra-curricular activities. Whether it is through sport, drama, art, music, school trips, languages, Duke of Edinburgh, our PIXL Edge programme or even public speaking teams; we hope that everyone will take up the opportunities that will add that all important 'extra' to their school experience. Our House system plays an especially important role, enabling our students to feel a sense of belonging and taking on important leadership roles. We are particularly proud of the way our older students support our younger students.

We warmly welcome you to come and meet us and see which aspects of school life might fire your child's imagination.









## Charmouth Primary School

AS ever, it has been a busy time at Charmouth Primary School. The last academic year ended well with lots to celebrate! Our Key Stage One and Key Stage Two SATs results were not only above the national average but demonstrated yet more improvement compared with last year. Following our recent Ofsted Inspection, our school was judged as good, reflecting the hard work of our dedicated team and enthusiastic children.

At Charmouth Primary School 'Beach School' is well established and we have continued the new academic year, with learning, taking part on the beach to topic work. We are particularly privileged to be in such a fantastic location and with the proven positive outcomes that outside learning provides, we take every opportunity to extend our curriculum beyond the classroom. Last year, children enjoyed: cooking, shelter building, mapping, history, poetry and art, all on the beach!

The development of our preschool group, Barnacles, continues to be a priority. We look forward to involving the preschool children in Beach School and Wellie Walks in the local area. If you have a child who is due to start school in Septem-

ber 2017, they can join Barnacles this in the term prior to starting school. It will be held on Monday afternoons from 1.10pm – 3.10pm and there is no charge for the sessions! Our Barnacles group provides a smooth transition to Primary School, helping the children to become confident in and around the school environment, and build positive relationships with their peers and staff.

We are constantly developing and enriching our curriculum to provide our children with new and exciting experiences. Last year, children from all our classes took part in an art exhibition, every child exhibited a piece of artwork by an artist. Everyone engaged enthusiastically in the project and the children were extremely proud of their work. This academic year, we are planning an art exhibition as part of our curriculum learning.

At Charmouth Primary School, our aim is for every child to become a confident, creative and independent learner, nurtured in a safe, caring and happy environment that promotes challenge and adventure.







# 10 WAYS TO PREPARE YOUR CHILD FOR SCHOOL

Banish first-day jitters for your child and for yourself!

#### www.parents.com

STARTING school can be a difficult time for children. Every child is hesitant to go somewhere new and see people she's never met before. Here are some helpful ways to prepare your child for her first day of school:

- 1. Let your child know what his schedule will be like. Tell him what time school begins and ends each day.
- 2. Ask your child about her feelings both the excitement and the concerns about starting school.
- 3. Visit the school with your child to see his new classroom and meet his new teacher before school officially starts.4. Point out the positive aspects of starting
- 4. Point out the positive aspects of starting school. It will be fun and she can make new friends.
- 5. Let your child know that all kids are nervous about the first day of school.
- 6. Leave a note in your child's lunchbox that will remind him you're thinking of him while he's at school.
- 7. Reassure your child that if any problems arise at school, you will be there to help resolve them.
- 8. Try to have your child meet a classmate before the first day of school so she will already have a friend when school starts.
- 9. Arrange for your child to walk to school or ride together on the bus with another kid in the neighborhood.
- 10. Find out about after-school activities that your child can join. Will there be a back-to-school party? Can he/she join a sports team?





Parents, prospective parents and children are invited to 'drop in' and experience first-hand, the challenging and exciting learning opportunities that we offer. During your visit you will have the chance to see and hear all about our:

- $\star$  Safe and stimulating Reception classroom with its own outdoor play area
- ★ Barnacles Pre-School Group that ensures a smooth transition from home to school
- ★ Bright modern learning environment with inspiring learning displays
- ★ Rich and vibrant curriculum including expert music tuition
- ★ Specialist PE provision with qualified sports coaches
- ★ Spectacular artwork created during workshops with 'Artist in Residence'
- → Beach School, where learning is taken out of the classroom and onto the beach!
- ★ Wide range of after school clubs to cater for all interests
- ★ Welcoming Breakfast Club with weekly cooking sessions

Charmouth Primary School is a feeder school for Woodroffe Secondary School Our friendly team looks forward to welcoming you.

'Pupils become articulate, creative and imaginative and have good opportunities for music and performance.' Ofsted 2015

Tel: 01297 560591

Head teacher: Mrs. Gillian Morris

Website: www.charmouth.dorset.sch.uk



## WEYMOUTH COLLEGE OPEN DAY

Saturday 8th October, 11am-2pm

Weymouth College the right place to start your future



Pre-register now at www.weymouth.ac.uk/book-open-day



A Levels
Apprenticeships
Business & IT
Care Studies
Catering & Hospitality
Construction & Building Services
Creative Arts & Digital Industries
Engineering & Automotive
Foundation Degrees
Foundation Learning
Hair & Beauty
Higher Education
Music & Performing Arts
Sport & Public Services



## Kingston Maurward

### Kingston Maurward College Course Information Session – Thursday 22nd September 2016, 5.30pm - 8pm

WHATEVER stage you are in your learning, Kingston Maurward College in Dorchester has something for you.

At our stunning campus discover courses you may not have considered before - with many of our students spending a large proportion of their teaching time outside, we could have just what you're looking for.

Preparing our students for land-based careers we offer successful full-time courses in subject areas including agriculture, countryside management, floristry, outdoor adventure, tree surgery, equine studies, construction, horticulture and animal care.

Apprenticeships – Intermediate and Advancedcan start throughout the year and take usually between twelve and fifteen months to complete. Earning while learning is an excellent way to get hands- on experience in industry and a recognised qualification, and being paid to do it! We offer apprenticeships in all of our land-based subject areas plus business based apprenticeships including Customer Service, Retail, Accounting, IT, Warehousing and Teaching & Learning.

Full-time further education courses start in

September and Apprenticeships and part-time courses start throughout the year – We also offer specialised Higher Education courses including Animal Behaviour & Welfare, Marine Ecology & Conservation, Veterinary Nursing, Para-Veterinary Science, Countryside & Coastal Conservation, Agricultural Science and Tourism Park Management.

To find out more come along to our course information sessions which take place throughout the year – the next one takes place at the College's Coneygar Centre on Thursday 22nd September 2016 5.30pm-8pm - please pre-register at kmc.ac.uk/courseinfo/

For further information please go to kmc.ac.uk or call 01305 215215.



## The Thomas Hardye School

YEAR 11 is an important stage in a student's education when they will be making important decisions about their future. We live in an increasingly competitive World, where success only comes to those who show dedication and aspire to do their very best. The Thomas Hardye School offers students the opportunity to achieve their best due to its outstanding track record of success that enables its students to take up their first choice of university or career, whatever that might be.

The school creates a supportive and vibrant community of students and staff. The curriculum offers a wide range of high quality quali-

fications. In addition, students have the opportunity to study additional qualifications, undertake enrichment activities and gain valuable work experience.

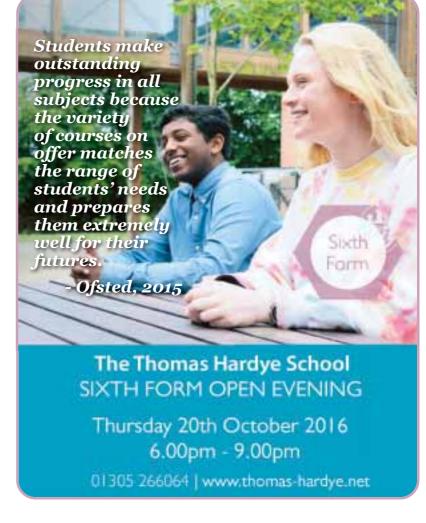
The school are introducing, new for 2017, an increased range of professional pathway qualifications. These courses will broaden the choices and opportunities available to students at the Thomas Hardye Sixth Form. More information

about all of their courses will be available at their Open Evening on October 20th; and following this event, students can apply for a place via their website.

The school continues to have high expectations of all their students, and will work with students towards ambitious targets as the students experience the joy of learning. Official data shows that their students consistently make outstanding progress and achieve better grades than would be predicted based on their GCSE results; this data puts them in the top 10% of sixth form providers across the









## GET KIDS BACK TO NATURE

INSTEAD of going outside and exploring the natural world, most

modern kids now spend the majority of their time indoors, staring at a screen.

But why not combine the two, asks expert forager and mum-of-six Fiona Bird.

The author of new book Let Your Kids Go Wild Outside, believes there's nothing better for the whole family than exploring countryside, woods and beaches, and foraging for food. But she accepts that technology is now part of life, and says it can be a great tool for helping wild explorers identify and learn about everything they find in the natural world

"I find it useful to take my iPhone down to the beach or into the countryside to identify things," she says.

"Instead of playing on a computer game, kids can go outside and discover something, and then find out about it with their technology. Get outside, and then you can come back and sit on the sofa with your iPad.

"Technology is here to stay and it's incredibly useful. You're not doing any harm by using tech to help you find out about the natural world."

#### FORGOTTEN WONDERS

Bird, 57, divides her time between Angus in Scot-

By Lisa Salmon, Press Association

land and the Outer Hebridean Isle of South Uist, where her hus-

band is the local doctor. She's a bit of a whizz in the kitchen after she's been foraging for ingredients, and was once a MasterChef finalist.

"I wrote the book because I felt a lot of the things I'd done as a child were in danger of being forgotten, so I thought I'd document them," she says.

The book is split into chapters for various natural habitats, including Woods, Meadows, and Seashore, and as well as easy-to-understand information about conservation guidelines and tips on how to forecast the weather, Bird teaches young readers how to identify different insects, plants, fungi and seaweed, and explains various simple outdoor craft projects, including making pot pourri, leaf bunting or a conker necklace, and building a woodland wigwam.

#### **HUNTER GATHERERS**

The book also features My Wild Garden and Kitchen, where you can find recipes using foraged ingredients, including wild garlic parcels and bilberry and sorrel seed muffins.

Bird is an experienced forager herself, and has written a book about the hunt for natural food, The Forager's Kitchen. She explains that while a simple walk in the countryside might not entice kids out of

the house, the lure of finding food may just swing it

"You might have to frogmarch your kids out for a walk, especially if the weather's bad, whereas when you go out to forage and you're poking about like hunter gatherers, it becomes more of an adventure and you lose the concept of time - it's always the bush a little bit further away that might have more exciting things in it."

#### **RISK AVERSE**

Bird says modern society doesn't encourage children to take risks, and the result is often that parents feel safer with their kids sitting inside staring at a screen rather than playing outside and enjoying the natural world.

"Some people think they can't possibly let their kids go wild because they don't know who they're going to come across and they worry about the risk.

"But I'm not really suggesting that, I'm suggesting that an adult makes time to do this with the kids, and it's a joint learning opportunity."

#### OWN BACK YARD

And the nature enthusiast is keen to stress that travelling miles into the countryside isn't necessary for children to discover the natural world.

"You don't need to spend hours in a car, you can do it in your own neighbourhood," she says.

"And if you do it in your own back yard, it reduces the amount of time a parent needs to be involved if necessary."

She explains that as you often don't see wildlife

when you're in the countryside, she came up with the idea of throwing flour down in the back garden to see how many cats, dogs or birds had walked over it.

"Then take that idea to the countryside," she suggests.

"Get a magnifying glass and a cobweb, and kids can learn about the natural world in their own back garden. You don't have to go miles out."

#### WILD FAMILY

And the mum, whose children are all grown-up, insists that, rather than parents just taking young children to splash in puddles or go on bug hunts, finding out about the wonders of the wild is something the whole family should do together, whether children are young or old.

"With little kids it's easy - they want to splash in puddles, and they do it naturally. But I wanted to get families to explore outside together, and get older kids out there too.

"I want to encourage people to get outside and see what's there for them. By getting outside too, parents can learn what kids need to watch out for, as well as what's good to take back and use in the kitchen, or dye with.

"When you want quality time, getting outside and learning about nature is a huge opportunity for a shared learning experience. There's just so much out there."

• Let Your Kids Go Wild Outside is published by Cico Books, £12.99. Available now.

## Primary Schools Open Days - 13th October & 14th October 2016

Local Primary Schools in Bridport will be holding Open Days for prospective parents who have children due to start school in September 2017. The Headteachers in each school will be pleased to welcome you and invite you to tour the school and spend time in the Reception classes so you can see what we each offer.

#### Thursday 13th October 2016

Burton Bradstock will be open in the morning

**Symondsbury** will be open in the afternoon **Thorners** will be open all day for you to drop in

Powerstock will be open in the morning

BPS will be open in the morning

**St Mary's** will be open from 2pm

St Catherine's will be open in the morning

Friday 14th October 2016

**Loders** will be open in the morning

#### We look forward to welcoming you to our schools.

Debbie Brown, Helen Farmer, Jyotsna Chaffey, Claire Staple, Frances Guppy, Emma Roberts, Rowan Beecham and Louise Greenham

#### For more info please contact the appropriate School Offices



Bridport Primary



St Catherine's 01308 423568



St Marys, Bridport



Symondsbury 01308 423502



Thorners, Litton Cheny 01308 482410



Loders 01308 423418



Burton Bradstock



01308 485380

If you are unable to attend these Open Days, please contact the schools to arrange another time to visit. You must apply for your child's school please by the deadline of 15th January 2017. To apply online visit <a href="https://www.dorsetforyou.com/schooladmissions">www.dorsetforyou.com/schooladmissions</a> or call 01305 221060

## Talk by architect on Bridport Cohousing

A TALK on Bridport Cohousing, entitled 'A Place to Grow' will be given by architect Sam Goss on Thursday, September 22nd at 7.30pm in Bridport Town

Mr Goss will explain the thinking behind this way of living, which combines living in a community with self-contained accommodation.

The scheme, which involves a group of local people who want to create an affordable cohousing neighbourhood in the town, has got full planning permission and members of the community are encouraged to get involved.

The talk is organised by Transition Town Bridport and a contribution of £4 is advised.

To organise disabled access call 07555 537360.

## Lions hope to beat Swimarathon record

THE Bridport Lions' annual Swimarathon returns to Bridport Leisure Centre next month raising money for charity.

More teams - including junior, senior or mixed - are invited to register and take part in the event, which has so far raised nearly £70,000. on Sunday, October 4th. Lucy Paull, president of

Bridport Lions, said: "Our thanks go to Amsafe who have once again agreed to act as the main sponsor for this fundraising event, and with the help of our other local sponsors, this will help to cover most of our cost. This means that all money raised by the swimmers will go directly to charities.

"Bridport Lions hope to beat last year's record fundraising of £5,332 and with the help of the sponsored teams of adults and young people who all together totalled an amazing 1,409 laps. Will any of the swimmers beat last year's fantastic effort by Bridport Barracudas 'Mary's Boys' of 104 laps in 50 minutes?"

Forms to enter a team are available from Bridport Leisure Centre



■ BRIDPORT Lions' annual Swimarathon is back at the leisure centre next month and teams are being encouraged to take part. Pictured is former Bridport mayor, Cllr Sandra Brown starting the races at last year's event with members Peter Garlick (left) and Malcolm Young

or at www.bridportlionsclub.org If a company would like to sponsor the event or take part as

a team of swimmers, contact member Peter Garlick on 01308 424536



■ MEMBERS of the Port Bredy Allstar majorettes have won the Pat Collier Shield for the winning troupe at Blandford Carnival for a second year in a row

## Local majorettes retain title at Blandford

MEMBERS of Port Bredy Allstar majorettes, based in Bridport, were the winning team at this year's Blandford Carnival for the second time in a row and were presented with the 'Pat Collier Shield' for the best troupe

This win comes after being the only majorette troupe at this year's Jersey Battle of the Flowers event and taking part in Bridport Carnival.

Troup organiser Alan Trenery puts the success down to hard work put in by the troupe in training. He said: "Looking very smart in their outfits,

putting on a first class unified display with the brand new electronic flashing batons from USA, plus getting it spot on during the night, linked to their hard work gave the result they deserved.

"Add this to the experience of being the only majorette troupe at this year's Jersey Battle of Flowers event then it has been one of the best years in the troupe's history."

The team will also be performing at Gillingham Carnival, Honiton Carnival and Honiton Christmas Carnival to bring 2016 to a close.

## Belgrade youth performers on exchange visit

YOUNG artists and facilitators from the physical theatre company Teater Mimart in Belgrade, ex-Yugoslavia will be visiting West Dorset for 14 days as part of an exchange programme to share work with young people in the area.

The visit is part of The Complete Freedom of Truth (TCFT), an international youth-led project, with its 12 partners across the UK - including Opera Circus in Bridport - Serbia, Romania, Portugal, Italy, Georgia, Bosnia and Herzegov-

Offices & Showroom:

Corbin Way, Bridport,

Dorset, DT6 3UX

1A Gore Cross Business Park

TCFT comes in two parts, one is the youth exchange which is based around three major annual events. The first was in Serbrenica in Bosnia and Herzegovina in 2015, the second was August 2016 at Bournemouth University and the final one of this phase of the work will be in Sarteano in Southern Tuscany, Italy.

The artists from Teater Mimart are Anja Nikolic. Nina Petrov, Teodora Saric and Rade Obradovic and between them they perform and study a variety of art forms, including music, dance and physical street theatre combined with community and social arts, in particular with children and young children.

On September 21st (today) there will be a sharing of work in progress both from the Teater Mimart artists and young people from across West Dorset and will include dance, theatre, improvisation. magic and music. This will be at The Lyric Theatre. Bridport, starting at 8pm.

Tickets are available on the door and the bar will be open from 7pm.

## supporting **Fundraising** fashion show

BRIDPORT outfitters Smith and Smith will be holding a fundraising charity show on Thursday, October 13th.

It will be in aid of Dorset County Hospital's cancer appeal to develop cancer facilities for patients in north, south and West Dorset and bring radiotherapy services to Dorchester for the first time.

The show will take place at Bridport Town Hall from 2.30pm and will include fashion for ladies and gents of all ages and sizes. There will also be a tombola.

Tickets cost £10 and include tea and biscuits, 10 per cent off goods purchased before the end of October and a lucky ticket number for a £50 voucher to spend in the shop on West

For more information and for tickets, call 01308 422172.

Guy Crabb PLUMBING & HEATING

Beat the winter rush to service your boiler and keep your heating system in good working order for the colder months ahead.

For every boiler service in October Guy Crabb will donate 10% of the service fee to The **Dorset County Hospital Charity Cancer Appeal.** 

Supporting a local initiative to bring radiotherapy and improved cancer care services to Dorchester hospital.

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www.guycrabb.co.uk

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# Health Elbeing Look GOOD FEEL GREAT



Susan Gale
Hypnotherapy

# Change for the better with Hypnotherapy

FEELING bad? Feeling trapped by unwanted habits, anxieties or old hurts? With the right help, your mind can set you free and much more easily than you might have thought possible.

You probably already know how powerful your subconscious mind can be when it's repeating old habits even though you don't want it to. So imagine that much power working for you in a good way instead.

Susan Gale uses Hypnotherapy to help you break out of the rut and change old negatives to new positives.

She takes a very practical, down to earth approach. And her long experience means she can tailor the therapy to your particular needs so you get better sooner.

Don't "learn to live with it" – learn to live without it. Make the most of yourself. Make the most of your life.

Susan has been working as a hypnotherapist since 1989 and has helped many people clear

Confidential Hypnotherapy

Based at the Aquae Sulis Centre, Dorchester

07486 393047 - beltain.co.uk

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✓ Down-to-curth

Effective solutions

tallured to your needs

✓ Anxiety, Smoking, Stress, Weight...

many different problems. Her experience can help you break free. She is now seeing clients at the Aquae Sulis Centre on Damers Road, Dorchester. Take a look at her website www.beltain.co.uk or phone her on 07486 393047 to see how she





#### Pamela Rowlands Homoeopathy

HOMOEOPATHY is powerful because it addresses not only the physical symptoms but also the mental and emotional. When the appropriate homoeopathic remedy is given, patients often feel much better and happier, as well as their symptoms receding.

For Homoeopathy to be effective the remedies must be given according to homoeopathic principles, they give the body a nudge and the healing process begins.

Your appointment with me

Your first appointment can last for up to two hours and follow-ups are initially a month apart for about ¾ hour. I need to have a thorough understanding of you and the symptoms you are experiencing in order to find the most similar remedy. I shall then consider your experience and prescribe on the symptoms you have given me.

I have recently attended and passed a major course on treating patients with symptoms relating to the autistic spectrum, my name is now on the international register of CEASE Therapists and I am happy to talk the treatment through with interested parents

I am fully registered and insured with the Society of Homeopaths and practice according to the Society of Homeopath's code of ethics and my practice is in Lyme Regis and Poundbury.

Pamela Rowlands RSHom

# The Garden Studios, Bridport Yoga and Therapies

AS we move into autumn The Garden Studios continues with our full programme of yoga, meditation and yoga Nidra with Paul and Tripudio Movement- gentle exercise to music and a full range of Complementary therapies with Julia, while out and about the Nordic Walking programme gets underway.

Nordic walking using poles provides a full body workout with minimum stress, using shoulders and arms the poles are planted behind you to propel you along - making it easier to work quite hard! You can burn up to 40% more calories and working the whole body makes everything twice as effective as ordinary walking. The award winning Nordic Walking UK freedom to walk course is now available. The next courses start on Friday 30th September 12noon - 1pm or Sunday 9th October at 10am – 11am for 4 consecutive weeks. You can book on-line, at www.dorsetnordicwalking.co.uk (Bridport) or contact Julia and Paul. Want a try out first? Our taster sessions are Friday 23rd at 12noon, and Sunday 2nd October 10am. Social walks level 2 start on Wednesday 21st at 5.30pm and also Thursday 22nd 11.30am. Call on 01308 538112 for more information about any course or taster session.

Hatha yoga and meditation is accessible to everyone, gentle stretching, focus on breathing techniques and relaxation will encourage a healthier approach to day to day life, and will start to release long term tension. Gentle moving stretches assists our overall well-being and the more you are able to move, the more you want to! Guided relaxation and meditation together with simple breathing methods provide tools to keep mind and body in a more comfortable state,

improving our immune system and defences against infection, classes every Thursday at 11am. Pauls yoga classes, 2mornings, 2 afternoons and 2 evenings every week.

Julia provides a variety of massage treatments aromatherapy and reflexology in her purpose designed therapy room with mood lighting, heated massage couch and personal attention to each client's needs;

organic essential oils with nourishing carrier oils encourage a truly holistic experience. Find us just off St Swithans Rd, a few minutes from the town centre. DT65DG

Contact Paul and Julia on 01308 538112 info@gardenstudiosbridport.co.uk www.gardenstudiosbridport.co.uk







Gentle, Effective Healthcare

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Please phone me to discuss 01297 445378

Pamela Rowlands RSHom Registered with the Society of Homeopaths Practice in the Medical Centre Tyme Regis

The Society of Homeopaths





Complementary Therapies, Meditation, Yoga, Tripudio Movement & Nordic Walking with Paul & Julia

Landline: 01308 538112 Mobile: 07734 511287 Email Us: info@gardenstudiosbridport.co.uk Website: www.gardenstudiosbridport.co.uk located off St Swithans Road DT6 5DG





### **5 REASONS TO TAKE UP PILAT**

By Abi Jackson, Press Association rhythm and solitude of a long Sunday morning run, others get their kicks from the squeals of rubber soles and balls whizzing high-speed around a squash court, while clipping a lead on the dog and braving whatever elements for a stroll on the beach does it for many. When it comes to moving our bodies, it's different strokes for

SOME love the

different folks.

But there's one form of exercise that ticks so many boxes and offers so many benefits - all of which many of us greatly need in our 'Stress Epidemic!', tech-addicted, 'Sitting down is the new smoking!' lives - that whatever else you enjoy, you'd do well to consider giving it a go.

Like thousands of others, it was back pain that first led me to a Pilates studio (just a bog-standard room at the local leisure centre; you don't have to fork out for fancy classes), and it's the closest thing to a panacea I've ever discovered, doing far more than simply improving my posture and providing a top-to-toe stretch.

Here are five reasons to take up Pilates...

#### It encourages us to think of our body and mind as one

"Pilates in its gentlest form is very much a mind/body discipline. It calms you both inside and out, connecting you to your deeper core muscles," notes personal trainer and Pilates instructor, Mary Huckle (www.breakthrough fitness.co.uk). Many ancient health philosophies - which, remember, informed much of modern medicine - revolve around holistic principles, which basically means that body and mind are linked. It's something Western societies have lost touch with in modern times, but we only have to look at ourselves and our own experiences to be reminded just how true it is that physical and emotional health are closely intertwined: how you get more colds when you're stressed; why that headache intensifies when you're under pressure; how positive distractions can take the edge off that sore knee... "Holistic exercise is the 'buzz' in the industry right now, and Pilates is hugely popular. It's a challenging deep-core workout, but is much kinder to body and mind. It allows you to be mindful and focus on the inside, and encourages slower-paced movement based around great technique. The perfect way to take time out, while still getting and amazing feel-good workout!" says Elaine Denton, personal trainer and group health and fitness support for David Lloyd Clubs (www.davidlloyd.co.uk).

#### It could make you a better runner/cyclist/tennis player, etc...

If you think Pilates isn't 'your thing', because you prefer a particular sport or more vigorous exercise, think again. A strong core, good alignment and even better breathing technique will all help support your body in your fitness pursuits elsewhere. A good core isn't just about blitzing those abs crunches; there's far more to it - and investing a little time in it through Pilates could pay dividends in terms of boosting your overall performance in whatever exercise you enjoy and preventing injury. "In terms of runners, sometimes a slight imbalance in the body will go on to create problems because it's such a repetitive movement

Even a small adjustment in your posture or in your core stability can make a huge impact," says Lynne Robinson, founder of Body Control Pilates (www.bodycontrolpilates.com).

#### It can help with chronic pain management

Of course, anybody with a medical condition or chronic pain problems should seek professional advice before embarking on any new exercise regime - but providing you listen to your body, start gently and stay within your limits, Pilates could become a central, possibly even life-changing, part of how you manage your condition in the longterm, both physically and psychologically. Strengthening your core and keeping muscles loose can help to support your body, removing strain from joints, for example. Pilates can also provide a gentle way of keeping your circulation up, hopefully helping relieve pain over time and bring about an often much-needed sense of doing something positive for your body. "Exercise is being described as the new drug, and in particular Pilates is being prescribed by more and more GPs as either an alternative to drugs or as a complementary therapy. It also has proven benefits for sufferers of neurological conditions, as well as the more common postural alignment benefits, for example, improving lower back pain and in certain cases, even avoiding surgery," says Huckle.

#### It relieves stress

Fans of Pilates are well aware that it works wonders for the mind as well as the body, and a recent study found Pilates really does help us deal with mental and emotional stress. "The scientists at the University of Pittsburgh have identified a circuit, which directly links part of the brain to the adrenal medulla (this is the inner part of the adrenal gland, which triggers an adrenal surge when we feel stressed). The very same network is also associated with the part of our brain which controls movements," explains Robinson.

#### Physiotherapists often recommend it

When you have a history of injuries or musculoskeletal problems, perhaps associated with back pain (as we know, extremely common in the UK!), it's easy to think you need to avoid physical activity as much as possible. Experts are increasingly trying to highlight that, in fact, the opposite is true, and staying as regularly active as possible is actually vital in managing such problems. Of course, some people may need rest periods and you'll still need to be sensible, but there's good reason a lot of physiotherapists encourage patients to take up gentle Pilates. "Pilates sessions can really help manage back pain. At Boost Physio, we have special remedial Pilates sessions and classes for women suffering from back pain or recovering from injuries. We work with our clients on safely strengthening the core posture, deep abdominal muscles and pelvic floor muscles that protect and support the spine. This is ideal for women recovering from back injuries or spine problems and regular Pilates sessions are fantastic for recovery, long term pain management and prevention", says Laura Herman of Boost Physio (boostphysio.com).

## Lyme Bay Dentistry

### The Whole Tooth

Your dental health questions answered by Lyme Bay Dentistry, Lyme Regis

QUESTION: I've heard that you can replace a missing tooth with an implant. What is it and how does it work?

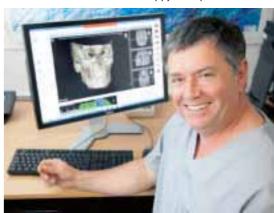
Dr Phil Bennett Dentist with a special interest in Implants. BDS Lond 1978 LDS RCS (Eng.) 1979 GDC

52604: "A dental implant is a small metal rod or screw, which is placed in the gum to act as a root replacement and hold false teeth in place. Different types of implants can be used to replace a single tooth, several teeth, or a full mouth of teeth, and can last for a long time.

Usually made of titanium, the metal rod slowly fuses with the jawbone as it heals. The false teeth fitted to the implants are then designed carefully to match the exact colouring and texture of any existing teeth, ensuring they look perfectly natural.

For those who have lived with illfitting dentures that move around and cause embarrassment when eating or talking, or those who have been self-conscious of a gap in their smile, dental implants can make a huge difference to your quality of life. You will once again be able to eat what you like, you'll get your confidence back in all manner of social situations and you won't be able to stop smiling!"

To discover more about dental implants or to find out whether they might be suitable for you, contact Lyme Bay Dentistry on 01297 442 907. We'd be more than happy to help!





# LYME BAY dentistry

www.lymebaydentistry.co.uk Temple House, 63 Broad Street, Lyme Regis, DT7 3QF reception@lymebaydentistry.co.uk



SUE Phillips pictured left before the weight loss



SUE Phillips after her weight loss

# Super-slimmer starts new weight loss group

LOCAL slimmer Sue Phillips has lost nearly four stone and now wants to share her drive and passion to help Bridport locals in their weight loss journey.

She is starting her own Slimming World group in the town to share the support and help she received while shedding her weight.

She said: "Being overweight makes you feel uncomfortable, tired, depressed, irritable and even at times ugly. That is exactly how I felt."

A holiday in the Lake District last year was the wake up call Sue needed. Not being able to walk far without getting out of breath, her knees hurting and the embarrassment of hiring a two man boat and struggling to get in and out – she thought it was going to sink.

After receiving a leaflet through her door advertising Slimming World, Sue joined the Charmouth group in October.

She added: "It took a lot of soul searching but I went along on opening night.

"I remember feeling rather sceptical about it. It was such a relief when I was met by a wonderful lady called Becs, she made me feel very welcome and that is where my journey began."

Sue feels the group was fantastic and very supportive but faced a huge challenge when it moved to Bridport as she lived in Charmouth and couldn't drive.

This was when she really felt the support from her group as while she was learning to drive the members took it in turns to pick her up and take her to the weekly meetings.

After passing her driving test, Sue has lost an amazing three stone and 11lbs and she feels it was the support from everyone that kept her going.

Sue said: "I love the group and seeing everyone achieve their own goals, and the food – I still can't believe how much food you can enjoy and still lose weight."

After joining the group's social team, the consultant Becs King hadn't let Sue's drive to help others succeed go unnoticed and encouraged Sue to attend a local consultant opportunity event.

Becs said: "Sue was always first to arrive at group and often last to leave, she is so passionate about group and is such a support to the other members. I knew she would make a fantastic consultant."

Sue has now trained to become a consultant and will start her own group in October.

She said: "My desire is to continue to

She said: "My desire is to continue to help others on their journey to achieve weight loss and good health.

"I am excited to share and I will be relaunching the Bridport Flood Lane group which is held in the community centre on Wednesday, October 5th. I will be opening the doors of my very own group at 7.30pm that evening and I would love anyone wanting help and support to lose weight to come and join me."

For more information about the group, call Sue on 07542 649812.



## **Wacky Hair for Hospicecare**

AS part of Hospicecare Week – which takes place between October 3rd and 9th – Weldmar Hospicecare Trust is asking local schools, clubs, organisations and businesses to put on a wig, spray their hair, spike it up, colour it and just generally go wild on Friday, October 7th for Wacky Hair for Hospicecare.

This is the sixth year of the wacky hair day, which has so far raised more than £5,000.

Diane Bentley, a Weldmar community fundraiser, said: "It is a really easy event to get involved in.

"We ask people who are taking part to pay £1 for the privilege to let their hair down for the day.

"It is a great way to support your

local hospice and have some fun at the same time."

Weldmar cares for patients with cancer and other progressive conditions, such as motor neurone disease, who require specialist help.

They need to raise more than £10,000 every single day to pay for their services, and could not do this without the support of the people of Dorset.

To get involved, sign up at www. weld-hospice.org.uk/wackyhair or call the fundraising team on 01305 261800. Those taking part will receive a fundraising pack with everything they need for the day and may even receive a visit from Weldbaa, the official mascot for Weldmar.

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# New chief for region's fire and rescue service

DORSET and Wiltshire Fire and Rescue Service is welcoming a new chief fire officer.

Following the recent retirement notice of chief fire officer Darran Gunter, assistant chief fire officer Ben Ansell of the fire service will take on the position.

The appointments committee of the Dorset and Wiltshire Fire and Rescue Service unanimously concluded that the role be offered to Mr Ansell after a national recruitment process supported by an independent HR advisor and the chief fire and rescue officer, Peter Holland.

Cllr Rebecca Knox, Dorset and Wiltshire Fire and Rescue Authority chairman, said: "The fire authority and I are delighted that Ben was unanimously recommended for the position of chief fire officer after successfully completing the recruitment process.

"Ben is passionate about working to make the

# Macmillan coffee morning in West Bay

THE team at Parkdean Holiday Park in West Bay will be hosting their own Macmillan coffee morning as part of the charity's World's Biggest Coffee Morning fundraiser.

From 11am to 2pm on Saturday, September 24th there will be lots to do at the complex, including competitions, a tombola, face painting and much more.

GOT A STORY? Call Lottie on 01297 446161 people of Dorset and Wiltshire safer and has a strong track record of working with fire authority members to change and save lives.

"I look forward to working with Ben in the coming months and years and I congratulate him on his new position."

Mr Ansell joined Dorset Fire and Rescue service in 1994 as a firefighter, moving on to work in many areas of the service until he was appointed assistant chief in 2012.

His most recent role has been director for operations.

His most recent role has been director for operations in the newly combined Dorset and Wiltshire Fire and Rescue Service.

Mr Ansell will be working with the current chief fire officer Darran Gunter and fire authority members over the following months to ensure a seam-

less transition.

He said: "I am delighted to have been offered and accepted the position of chief fire officer for this fantastic service, I look forward to continuing on our journey as Dorset and Wiltshire Fire and Rescue Service, providing the best level of service to our communities.

"We have a great legacy to build on and, in particular, I would like to pay tribute to the leadership of chief fire officer Darran Gunter and I look forward to working with the senior leadership team to take this great service forward."

■ BEN Ansell has taken over as chief fire officer for Dorset and Wiltshire Fire and Rescue Service.

Photo by Dorset and Wiltshire Fire and Rescue Service



# Local sugarcrafters celebrate group's 20th anniversary

■ MEMBERS of the Bridport branch of the British Sugarcraft Guild, pictured, have celebrated the group's 20th anniversary.

They enjoyed a demonstration with royal icing featuring several different piping methods before enjoying a cup of tea and slice of cake made by one of the members.

The British Sugarcraft Guild is a nonprofit organisation

established to promote and stimulate interest in all aspects of sugarcraft as well as share

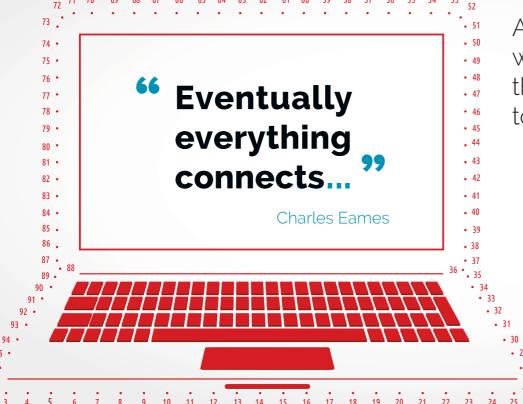


knowledge, develop talent and improve standards.

The Bridport branch, which currently has 20

members, meets on the second Tuesday of every month in the Citrus Grove Café at Groves Nurseries at 7.15pm for 7.30pm.

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**HORNBY** Doublo 2 rail Dorchester coaches for only £180. Tel 01305 834554

**HORNBY** LNER N2S 3 rail in green for £120. Tel 01305 834554

**HORNBY** No 9567 for only £110. Tel 01305 834554

**HORNBY** No 5156 for £80. Tel 01305 834554 **STONEWARE** cider flagons and glass storage jar at only £20 for the lot. Tel 01300

#### **ELECTRIC FIRE:** A

Dimplex free standing electric fire in black and brass with a radiant coal effect. Originally cost £174, it's now selling at the bargain price of only £35. Tel 01300 348327

**SINGER** electric sewing machine (model 100) with instruction book. The machine comes in very good condition and working order for a price of only £25. Tel 01308 459667

**ANGLE GRINDER:** A long handle angle grinder (2200w, 230mm) in good condition selling for only £50. Tel 077513 23728

**ORIENTAL RUG:** Large and in very good condition for only £100. Tel 01305 263684

JOHN LEWIS fourseater brown leather settee. Excellent condition, it's selling at the bargain price of only £250 o.n.o. Tel 07789 761023

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nation fan assisted oven. In good working order and now only £30. Tel 01305 250260 **CYCLE HELMET:** Good condition & now only £5. Tel 01305 250260 PRO-FORM exercise bike with fitness card and mains adaptor. Comes in fair condition at a price of only

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of the community and we'll make sure you get all the training and qualifications you need. If you have a caring disposition and a genuine desire to work with older people, whilst being equipped with the necessary skills, we'd love to hear from you.

For further information please contact Amy at Bymead on 01297 560620, call in for an application form or email us: bymeadhouse@gmail.com ead House, Axminster Road, Charmouth, DT6 6BS

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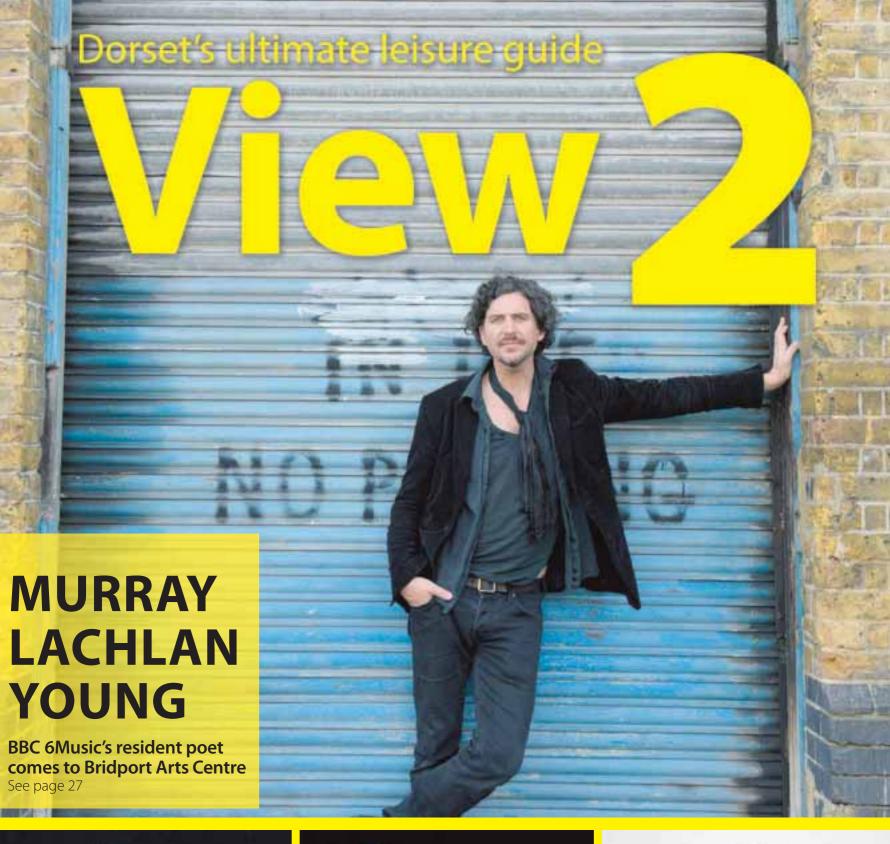
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# TRANSMISSION

Your guide to local live music

# The gigs

**Friday 23 Sept** Corn Exchange, DORCHESTER

HIS WAY - ROBERT HABERMANN 7.30pm.

£14/£12

**Saturday 24 Sept** Arts Centre, BRIDPORT

**CLOUDBUSTING** 7.30pm. £15.

Nag's Head, LYME REGIS

PAPER TRAINS

Crown Inn, BRIDPORT

**STORM** 9.30pm

Corn Exchange, DORCHESTER

MIRANDA SYKES & REX PRESTON 7.30pm. £12/£10.

Saturday 30 Sept

Nag's Head, LYME REGIS

or email

PAPA LE GAL Doors 8pm. £10.

Corn Exchange, DORCHESTER

**SOUTHERN TENANT FOLK UNION** 

Doors 7.30pm. £12/£10.

# Autumn folk at Dorchester Arts

FOLK MUSIC fans are in for a treat this September, as Dorchester Arts presents two of the finest folk acts on the touring circuit. Miranda Sykes and Rex Preston will perform a spine-tingling set on Saturday, September 24th, and just a week later Southern Tenant Folk Union (Friday, September 30th) offers its own take on the genre - both are the high-quality performances that local folk music aficionados have come to expect from Dorchester Arts' music strand.

A sought after duo on the English folk and roots scene, Miranda Sykes (best known as a member of the legendary Show Of Hands) and Rex Preston specialise in contemporary and narrative songs that showcase their amazing musical partnership at its best. The combination of soul-search-

ing double bass and flamboyant mandolin offers a wonderful new musical experience, especially when experienced live.

Very different, the six musicians of Southern Tenant Folk Union sold out in Dorchester three years ago, and the group is looking forward to returning to celebrate its new album – Join Forces – and delight its many fans. This is a great chance to hear them sing and play folk/bluegrass live – high energy folk at its best!

Dorchester Arts Artistic Director Mark Tattersall said 'Folk is always an important part of our musical offer, and this month we are delighted to be presenting two great talents from the folk scene. Whatever your favourite style, come along and enjoy two evenings of sheer talent.'

For more details visit www.dorchesterarts .org.uk or call 01305 266926.

# No party like a Papa party!

A STOMPING evening of Funk heavy Latin and Afrobeat hosted by local mischief makers Papa Le Gál (featuring the brass section from King Porter Stomp) will be taking place at the Marine Theatre, Lyme Regis, next week, with it's usual tropical revelry.

This time, Papa will be proudly sharing the bill with the obscenely talented Zuri Aura from Exeter. Smashing out a soulful dose of regae fusion with a Dub/Hip Hop twist.

Plus surprise warm up act to be announced!

This is without doubt gonna be a

night overflowing with worldly musical goodness to get your blood pumping and say "Hey, just because the summer's over doesn't mean we have to cover ourselves in goose fat and go into hibernation. Let's party!"

Live music from 8.30-12 (Bar till lam)

Tickets will be available for cash only from 'Fuego' the Latin american gift shop in Coombe Street, Lyme Regis, at a price of £10. They will also be available to but online from the Papa Le Gál website www.papale-qalofficial.com for £10.50



# The venues

To advertise your live music call Rob Coombe on 01297 446146

rob.coombe@pemedia.co.uk

# THE CROWN INN WEST BAY ROAD, BRIDPORT

Saturday 24th September, 9.30pm **STORM** 

Sunday 25th August, 4pm GUT & STEEL

Saturday 1st October, 9.30pm BLACK ORCHID

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Saturday 8th October FRET WORKS

Saturday 15th October **DELTA TANGO 7** 

www.nagsheadlymeregis.co.uk

PILOT BOAT

# Supper just got jazzier

JAZZ JURASSICA is a new monthly jazz supper club coming to Lyme Regis on the second Saturday of the month, between October and March, at By the Bay restaurant on Marine Parade.

Be tempted off your sofa on Saturday nights with an intimate, relaxing and fun-fuelled evening, fizzing with fine food and music, mixing jazz, blues, soul, boogie-woogie, latin and swing.

So, whether it's blues-fuelled jazz from Zoe Schwarz Jazz & Blues Quartet, boogie-woogie from the entertaining Tom Seals Band or soulful swing from Leigh Coleman with The Matt Carter Trio, you'll hear an exciting musical mix from some of the most accomplished performers around, all from the comfort of your own table.... with a sumptuous supper thrown in.

This is not just a night out, but an experience to savour. Booking your table in ad-

vance is essential.

The combined supper and show ticket costs £19.95 plus booking fee (includes a two course supper from the table

d'hote menu which incorporates seasonal ingredients).

Music only ticket costs £10 plus booking fee (if you simply want to listen, sup or snack).

Food is served 6.30- 8.00pm with performances beginning at 7.30pm.

The first show in the season

takes place on Saturday, October 15th, with live music from Zoe Schwarz and Blues Quartet

Buy tickets online at www.wegottickets.com, or telephone Lyme Regis Tourist Information Centre on 01297 442138.



# Kinetics – moving theatre taken to new heights

WHAT can a teenage boy who is into free running and a middle-aged woman with Parkinson's possibly have in common?

The desire to move...

Kinetics is based on the remarkable true story of two people seemingly at polar opposites. As Rose tries to come to terms with her diagnosis, an unlikely friendship springs up when Lukas literally lands on her

will the bond between them be strong enough when things go wrong?

With brilliant writing, dynamic projected images and live parkour, this play is personal, poignant and will make you laugh out loud.

The show comes to the Marine Theatre this Thursday, September 22nd at 7.30pm. Tickets are £12 (£11 concessions) available by calling 01297 442138 or by visiting www.marinetheatre.com.



# **Spoken word master Murray** at Bridport Arts Centre

PREPARE for an evening of satirical soliloguy, rockn-roll reverie and ditty as BBC6 music resident poet Murray Lachlan Young presents his stunning new live up-close and personal show.

Murray's shows are a delightful and satirical romp into the bizarre facets of fame, fashion, people, politics, a mild erotic folk ballad and the space-time continuum. This is unique stand up poetry/spoken word performance, from one of the very best in the business.

Murray heads out on tour drawing and performing material from his new hardback collection: How Freakin' Zeitgeist Are You? along with much loved live favourites from BBC Radio.

Fresh from summer festival appearances at Glastonbury, WOMAD, Cornbury, and Port Eliot and Festival No 6, Murray kicks off October with a show at the Bridport Arts Centre.

Murray said: "In peoples minds Bridport fits neatly into that group of towns known as the muesli underground. Places of liberal thought where the occasional chillum appears from a sarong. If you go to Womad Festival you can see them all in one field.

"I like Womad and I like Bridport. Occasionally, when visiting, I have to listen to AC/DC quite loud as an antidote but I'm OK with that and I know Bridport is too."

Murray Lachlan Young is an acclaimed playwright, actor, screen-writer and poet -extraodinaire. Celebrated for his hybrid mix of stand-up comedy with delightful commentaries on the bizarreness of contemporary life, so expect flamboyant, punchy wit, brooding subtext and empathetic humour. Mick Jagger recently presented Keith Richards with a CD of Murray's poem, marking the anniversary of Keith falling out of a coconut tree.

Murray Lachlan Young performs at Bridport Arts Centre on Friday, October 21st at 8pm.

Tickets cost £12 (£10 concessions) and are available from www.bridport-arts.com or by calling 01308 424204.



# SharkLegs set hearts a-flutter at The Lyric

WINNERS of the prestigious Les Enfants Terribles Award 2016, theatre company SharkLegs made their new show 'The Inevitable Heartbreak of Gavin Plimsole' earlier this year at The Lyric. They then presented it at Edinburgh Festival in August - having tried it out with Lyric audiences first, and whose comments helped shape the direction it took. Come and see the finished show, as they bring it back to The Lyric this Friday, September 23rd.

If you had a finite number of heartbeats, how would you make each beat count?

Gavin Plimsole feels a flutter in his heart: Is it heartburn? Is it that girl across the room? Or is it a malformation of his heart a sticky, red time-bomb? Gavin is given a life-changing diagnosis. Hiding in his shed he assesses his entire life; what has he done with those beats? Which has he thrown away? And how many did he lose when she broke his heart ...?

Using state-of-the-art heart rate monitors SharkLegs will measure our heartbeats and uncover how we spend each soggy, wet thump and make the most of however long we have left. This three-hander fuses technology, puppetry and performance to deal with some of the biggest issues which confront us - how do we measure our lives? How do we make our lives

Life-affirming and terrifying, visually arresting and strangely simple, we will find out what sets your pulse racing and send you out to see each heartbeat in a different way...

Tickets are £12, available in advance from Bridport Arts Centre: 01308 424204 / online, and BearKat Bistro, as well as on the door if available. Doors open 7:30pm for 8pm prompt

For more details visit www.the-lyric.com.



# MARINE THEATRE LYME REGIS

# ArtsFest at Marine Theatre

**Marine Cinema presents** The Man who knew Infinity

Thursday 22nd September Screening: 11am/ 12A/ 2015/ Full Price: £7.00 Concessions: £6.00 Jeremy irons and Dev Patel star Autobiographical drama



# Kinetics



# INFINIT Spitz & Co

**Presents Glorilla** Friday 23rd September Onstage: 8pm Age suitability 14+ Full Price: £12.00 Comedy theatre



### Blind Man's Song

Tuesday 27th September Onstage: 7.30pm Age suitability 8+ Full Price: £12.00 Concessions: £11.00 Live music, mime

**BOX OFFICE: LYME REGIS TIC 01297 442138 OR BUY ONLINE AT WWW.MARINETHEATRE.COM** 

SUPPORTED BY LYME REGIS TOWN COUNCIL AND WEST DORSET DISTRICT COUNCIL

# CELEBRATE CHRISTMAS AT GREENS RESTAURANT









reens is the fantastic restaurant at Lyme GRegis Golf Club under leadership of head chef Stephen Pielesz. The golf club is situated on Timber Hill in Lyme Regis and the restaurant is open to the general public all year round; you do not need to be a member or even a golfer to experience the exquisite cuisine that is

Head Chef Steve trained under the guidance of 3\* Michelin Chef, Michel Trama in France, and worked in the UK at the Bath Spa Hotel and the Michelin star restaurant

#### experience the exquisite cuisine

at Chewton Glen Hotel. He has also been Executive Head Chef at Bowood Golf and Country Club and Head Chef at The Bridge House Hotel in Beaminster where he held two AA rosettes for five years, cooking good quality British food using local produce. The clubhouse looks out onto the course

and offers a relaxed environment for everyone to enjoy the excellent catering at Greens. The restaurant can seat 110 people and has ample free parking, which is a huge rarity in Lyme Regis! Now the summer is drawing to a close and

autumn begins to set in, thoughts are turning Christmas, towards SO why celebrate this year with a party at Greens Restaurant?

There are six dedicated party nights, which are:

Friday 2nd December Saturday 3rd December Friday 9th December Saturday 10th December Friday 16th December

Saturday, December 17th.

Party goers can enjoy 2 courses of some of the finest local cuisine for £24.50 or 3 courses for £30, before dancing the night away with a brilliant disco. Have a look at the adjacent pages to check out the menu and give the restaurant a call to book your party on 01297 442693.

If you haven't tried Greens Restaurant yet, then there's now two more fantastic reasons to see what it has got to offer. The first reason is every Friday night is Steak Night! Diners get two beautiful cuts of local steak (and chips, of course!) and a bottle of wine for just £25! If steak isn't you're thing, the same offer is available for selected other menu choices, such as a fresh, seasonal fish dish with chips and mushy peas. Where else can you get such fantastic quality food with a bottle of wine for just £25 a couple? These nights have proved extremely popular so far, so booking is advisable.

The other reason is for the fantastic Sunday carvery! Sunday lunch has always been a firm favourite and from Sunday 2nd October, Greens Restaurant will be serving a Sunday Carvery every single week. The carvery represents excellent value for money at just £10 for one of the best

#### the carvery represents excellent value for money

lunches around. There's also some classic starters and desserts to choose from to round off your meal.

With Steve at the helm everything on the restaurant's menu is freshly prepared and made in-house using the finest local

that you love and that fits to your budget. The dining room and lounge areas all overlook the golf course and there is easy access to the south-facing patio area throughout the year, which gives members and visitors alike the opportunity to enjoy al-fresco dining in the open air during the warmer months.

ingredients. Even the things you may not or-

dinarily think about are home made. Museli,

bread, chutneys, jams, it's all made on the

outstanding views across the bay

premises and the quality shines through.

The first class catering at Greens

restaurant, coupled with the outstanding

views across the bay from the course, make

it the ideal location and the perfect place to

hold your private event, party, function, or

wedding. The professional approach, atten-

tion to detail and friendly staff will ensure that

your private function or party will be one to

remember. All budgets can be catered for

and bespoke packages arranged. Wedding

menus will be tailor made by Steve who will

work closely with you to produce a menu

To make a booking please call the club on 01297 442963, and select option 4.











#### SYMONDSBURY KITCHEN

SK STEAK DEAL Thursday and Friday evenings throughout October & November



Sirloin Steak, Chips and Garden Salad for 2 & a bottle of wine to share!

> ONLY £35 Bookings advisable

> > 01308 538309

cafe@symondsburyestate.co.uk www.symondsburykitchen.com Symondsbury, Manor Yard, Mill Lane, Symondsbury, DT6 6HG

## Harbour Inn





 Extensive Wine List and Local Ales

Well Stocked Bar

 Cappucinos to Herbal Teas

Superb Dramatic

Views

Friendly Staff



Extensive Menu





Dinner 6-9pm

Open Ham-Hpm (Booking advisable during busy times)

Telephone 01297 442299 23 Marine Parade, The Cobb, Lyme Regis, Dorset, DT7 3JF

# Every Wednesday night

A STEAMING BOWL OF RIVER TEIGN MUSSELS, HAND CUT CHIPS A SMALL GLASS OF BEER, CIDER OR HOUSE WINE. £ 12.00

STEAK FRITES. BAVETTE STEAK WITH SALAD, CHIPS & BÉARNAISE SAUCE. A SMALL GLASS OF BEER, CIDER OR HOUSE WINE. £ 13.00

SPECIAL WEDNESDAY OFFER IN THE VENNER BAR 2 for 1 on Mojito's

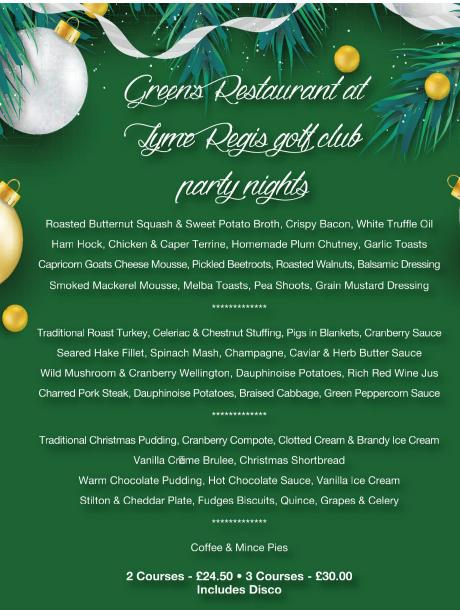


34 EAST STREET, BRIDPORT | THEBULLHOTEL.CO.UK



# Dining out in West Dorset:











Timber Hill, Lyme Regis DT7 3HQ Telephone: 01297 442963









# This week's new cinema

SEVEN gun men in the old west gradually come together to help a poor village against savage thieves. Stars Denzel Washington, Chris Pratt, Ethan Hawke and Haley Bennett.

IDEALISTIC FBI agent Nate Foster goes undercover to take down a radical white supremacy terrorist group. The up-and-coming analyst must confront the challenge of sticking to a new identity while maintaining his real principles as he navigates the dangerous underworld of white supremacy.

Stars Daniel Radcliffe, Toni Collette, and Tracy Letts.

FIVE carnival workers are kidnapped and held hostage in an abandoned, Hell-like compound where they are forced to participate in a violent game, the goal of which is to survive twelve hours against a gang of sadistic clowns.

Horror from director Rob Zombie, stars Malcolm McDowell, Richard Brake and Jeff Daniel Phillips.

#### THE GIRL WITH ALL THE GIFTS 15

A SCIENTIST and a teacher living in a dystopian future embark on a journey of survival with a special young girl named Melanie.

Stars Gemma Arterton, Glenn Close and Paddy

# **Cinema Listings**

Fri, Sept 23rd - Thu, Sept 29th ALL LISTINGS ARE SUBJECT TO CHANGE

**DORCHESTER PLAZA** Tel: 01305 262488

www.plazadorchester.com

Blair Witch 15 Fri, Tue, Thu: 13.30, 16.00, 18.30, 21.00

Sat & Sun: 16.00, 18.3,0 21.00 Mon, Wed: 13.00, 15.30, 18.00 Bridget Jones's Baby 15 Fri, Mon, Tue, Thu: 13.45, 17.00,

20 15 Sat & Sun: 10.30, 13.45, 17.00, 20.15

Wed: 13.00, 16.00, 20.15 The Girl with All The Gifts 15 Fri-Sun, Tue-Thu: 14.30, 17.30, 20.30. Mon: 13.15, 16.15, 20.30

The Magnificent Seven 12A Daily: 13.30, 16.45, 20.00 Finding Dory 2D U Sat & Sun: 10.45am Kubo and the Two Strings 2D  $^{\rm PG}$ 

Sat & Sun: 10.00, 13.00 Pete's Dragon 2D PG Sat & Sun: 11.30am

SIDMOUTH RADWAY Tel: 0300 124 0275 www.scottcinemas.co.uk

Bridge Jones's Baby 15 Fri, Sat, Tue: 17.00, 20.00, Sun: 14.45, 20.00, Mon, Wed: 13.00

15.50, Thu: 14.00, 17.00, 20.00 Pete's Dragon PG Sat: 14.15, Sun: 12.15

WEYMOUTH CINEWORLD

MARINE THEATRE, LYME REGIS Tel: 01297 442138

DORCHESTER ODEON

Tel: 0871 22 44 007

www.odeon.co.uk

Bridget Jones's Baby 15

17.30, 18.40, 20.30, 21.30

18.40, 20.30, 21.30

Sat & Sun: 10.30am

Fri: 12.00, 13.00, 14.50, 15.50,

Sat: 12.00, 14.50, 15.50, 17.30,

Sun: 12.00, 14.50, 15.50, 17.30,

Mon, Wed: 12.00, 13.00, 14.50, 15.50, 17.40, 20.30

Tue: 11.15, 14.15, 17.15, 18.30, 20.20

Thu: 11.15, 14.15, 17.15, 20.20

Kubo and the Two Strings 2D PG

The BFG PG Sat & Sun: 13.00

nlus Sat & Sun: 11 30am

Deepwater Horizon 12A

Thu: 18 00, 21 00

The Magnificent Seven 12A

Fri-Mon, Wed: 14.20, 17.20, 20.45

Tue, Thu: 11.45, 15.00, 17.45, 20.45

The Man Who Knew Infinity

Thurs 22nd: 11.00am Youth

Thurs 29th: 11.00am

Fri: 16.30, Sat-Sun: 11.00, 12.50,

16.30, Mon-Wed: 15.40 Ice Age: Collision Course

#### Tel: 0871 200 2000 • www.cineworld.co.uk

#### Bad Moms 15

Fri-Sat: 15.50, Sun-Wed: 15.30, Thu: 12.50

Ben-Hur 2D 12A Fri-Sat: 18.50, Sun, Tue: 18.15 Mon, Wed: 13.40

Blair Witch 15 Fri, Tue: 13.00, 15.10, 17.20, 19.00, 21.10

Sat-Mon, Wed: 15.10, 17.20, 19.00, 21.10, Thu: 12.00, 15.10, 17.20, 19.00, 21.10

Bridget Jones's Baby <sup>15</sup> Fri: 12.15, 14.00, 15.00, 16.45, 17.45, 18.45, 19.30, 20.30, 21.30

Sat & Sun: 11.15, 12.15, 14.00, 15.00, 16.45, 17.45, 18.45, 19.30, 20.30 Mon-Thu: 12.15, 14.00, 15.00, 16.45, 17.45, 18.45, 19.30, 20.30 Cafe Society 124

Fri, Mon-Thu: 12.20 Deepwater Horizon 12A Thu: 12.10, 14.40, 17.10, 18.10,

19.40, 20.40 Don't Breathe 15 Fri, Mon, Thu: 12.00

Finding Dory <sup>U</sup>

Kubo and the Two Strings 2D <sup>PG</sup> Fri, Tue, Thu: 14.00, 16.20, Sat-Sun: 11.40, 14.00, 16.20 Mon, Wed: 12.50, 16.20 Kung Fu Panda 3 PG Sat: 9.50am, Sun: 10.10am Sausage Party 15 Fri-Sat: 13.40, 18.15, 21.20 Sun, Tue: 13.10, 17.50, 20.50, Mon, Wed: 13.10, 17.50, Thu: 13.10 The Girl With All The Gifts 15 Fri, Mon-Thu: 13.30, 16.00, 18.30, 21.00 Sat-Sun: 11.00, 13.30, 16.00, 18.30, The Infiltrator 15 Fri-Sat: 13.50, 20.20, Sun-Wed: 12.50, 20.00, Thu: 15.20 The Magnificent Seven 12A Fri, Mon-Thu: 13.20, 14.40, 16.10, 17 30 19 20 20 20 Sat-Sun: 11.50, 13.20, 14.40, 16.10, 17.30, 19.20, 20.20

# **A Sunny forecast** for Bridport Arts **Centre this Friday**



SUNNY ORMONDE, better know as Lillian Bellamy of Radio 4's The Archers, is bringing her amusing one women show to Bridport Arts Centre this Friday, September 23rd.

Sunny has been playing the "outrageous and raunchy Lilian Bellamy"The Archers for the past 16 years and has become one of the listeners most favorite characters. Her antics have kept the nation gripped and entertained, whether it be riding round Ambridge on a Harley Davidson, drinking the Bull and Cider shed dry with Eddie Grundy, absconding to Costa Rica with her beloved and very recently departed partner 'Tiger'. Or recklessly kicking off her sling-backs and leaping into bed with Tiger's brother Paul and now Justin Elliot!

During the show Sunny will fill you in on all the behind the scenes stories about the Worlds longest running soap opera. It promises to be an evening of anecdotes, banter, and favorite pieces from Sunny's long and distinguished acting career - humorous and touching in turn.

There will also be a question and answer session with the audience about the making of the Archers - now in its 65th year. With a prize for the most original Archers question! But you don't have to be an Archers listener to enjoy whaty will be a highly entertaining evening.

The show at Bridport Arts Centre takes place at 7.30pm this Friday. Tickets £12, available from www.bridport-arts.com, or by calling 01308 424204.

#### **Beaminster Antiques,** Collectables and Vintage Fairs

Public Hall, Beaminster

Saturday 24th September 9.30am - 3.30pm

Next fair: Saturday 19th November

Home made refreshments Enquiries: Meadow Fairs 01297 24446

#### **Visit DORCHESTER MARKET**

every Wednesday 8am-2pm

#### and DORCHESTER CAR BOOT

every Sunday 7am-1pm at Weymouth Avenue, Dorchester DT1 1QS

#### Plus WIMBORNE MARKET

every Friday, Saturday & Sunday BH21 1QU Hotline Keith on 07887 918932 or Ed on 07889 438491

#### CAR BOOT SALE

AXMINSTER SHOWGROUND • EX13 7RA

#### **EVERY SUNDAY 1-4pm**

On 50 acre site, all sellers, cars, vans & trailers

£7 for as much room as required. No Dogs allowed on site Strictly no helpers or buyers before 1pm

No need to book, gates open to sellers 11am For further information tel: 07511 195858 or 07979 845914

# View 2 Diary Dates

Send your Diary Dates by email to rob@viewnews.co.uk, or by post to Rob Larcombe, View from Newspapers, St Michael's Business Centre, Church Street, Lyme Regis DT7 3DB

#### **WEDNESDAY SEPTEMBER 21**ST

WEYMOUTH: Oscar Wilde's life will be the subject of the talk at 2.15pm in the Library. Local author/crime writer Bob Sharpe will giving the talk, advance book ing essential, Ring the Library on 762410 or FOWL secretary on 832613 £2.50 including refreshments. LYME REGIS: Short mat bowls, weekly at Woodmead Hall, 7.15pm-10pm. New members welcome.

**Bridport**: Family History Open Day, Wednesday 21 September, 10.00 - 3.00 at Marsh Barn Farm, Burton Rd. Bridport. If you are thinking of starting your family history or have started but need help, come along, meet the tutor and students, see what is on offer. For more info contact Jane on 01308 425710

BRIDPORT: Bridport Camera Club. Talk by Pete Millson: "Found Portraits with Small Camera - how to make great portraits with minimal equipments' 7.30pm Chancery House, Bridport, DT6 3JT. The club is always happy to welcome new members. For details please phone the Club Secretary on 01308 482658. **DORCHESTER:** Dorchester Community Church in Acland Road hold a Coffee Morning from 9.30 until 12 noon.

#### and cards. Come along any time for a warm welcome. **THURSDAY SEPTEMBER 22ND**

Every Wednesday. There is also a stall selling small items

BROADMAYNE: Stompin' Dave Allen playing at the Sunday Folk Club, Broadmayne Village Hall, 8pm. £8 (plus £1 club membership). For more details call 07786 654074, or visit www.sunrayfolkclub.co.uk

#### **SATURDAY SEPTEMBER 24TH**

**CHARMOUTH:** Harvest Auction in aid of Charmouth Senior citizens Christmas Lunch Fund. To be held at the George, Charmouth at 9.00pm. Donations of produce, jams, cakes and any items of interest that can be auctioned would be welcomed at the George on the day or phone Carol on 01297 560403.

BEAMINSTER: Beaminster folk band Raggy Annie are playing at a Harvest Home shared supper and barn dance in St Mary's Church. Bring a plate of food to share (alcohol ok in moderation), and a party piece silly song, spooky tale - if you feel brave enough!.

POUNDBURY: Wessex Local Craft & Food Producers Market, Brownsword Hall, 10.30am-4pm. Free entry and parking.

#### **SUNDAY SEPTEMBER 25TH**

BRIDPORT: Bridport Food Market every Sunday, 9am-3pm at St Michael's Trading Estate. Visit bit.ly/29vi8uY for more details.

BRIDPORT: Bridport Vintage Market at St Michael's Trading Estate, last Sunday of every month. Visit bit.ly/29vi9Pt for more details. **UPLYME**: Uplyme & Lyme Regis Horticultural Society

trip to visit the Malvern Autumn Show, the last big show of the year. Leaving Uplyme Village Hall at 9am. The cost will be £30, and we need a full coach - if numbers are insufficient it will be cancelled by September 10th, so do not lose out, book today with Robin Britton on 01297 442794

#### MONDAY SEPTEMBER 26TH BRIDPORT: West Dorset Wildlife Reserves Talk by Steve

Masters Dorset Wildlife Trust. Steve is a warden for the Dorset Wildlife Trust covering the reserves in the west of the county. The talk will be about the reserves and the wildlife that they support. Presented by the Golden Cap Association (West Dorset). Bridport United Church Hall, East St, Bridport 7.30pm. Non-members are welcome. Admission £3 includes tea or coffee and biscuits. For further information 01308 863577 WEYMOUTH: Weymouth Choral Society's open rehearsals

7.30 to 9.30pm at St Aldhelm's Church Centre, Spa Road, Weymouth DT3 5EW. Rehearsals will be in train for the concert on October 29th at St John's Church, Weymouth which features a mixture of Baroque and contemporary classical music, with the choir performing alongside young musicians from the Dorchester Area Schools Partnership, and Winston Leese (trumpet). There's no obligation. Just come along and meet our friendly singers. If you would like more details contact Melodie Baines on melbaines@hotmail.co.uk or phone her on 07929 519973.

BRIDPORT: Bridport Folk Dance Club resumes at 7.30-9.30 pm in the WI Hall, North Street, Bridport. Enjoy folk dancing mainly in the English tradition from Playford-style to modern-day compositions at Bridport's long-established weekly club, with club callers and recorded music and frequently on last Mondays of the month live music with guest callers. No partner or previous experience required. Membership available giving admission at £2.50, otherwise £3.00. Contact Jane on 01308 898 002 or Monty on 01308 423 442.

#### **TUESDAY SEPTEMBER 27TH**

LYME REGIS: The Lyme Regis Society will be hosting a talk given by Maureen Turner entitled The 'new' Shute

House on Tuesday 27th September, 2.30 pm at Woodmead Hall, All Welcome.

#### **WEDNESDAY SEPTEMBER 28TH**

www.viewnews.co.uk

UPLYME: TV gardener Chris Beardshaw to talk about "How Does Your Garden Grow?" at Uplyme Village Hall, 7.30pm. Tickets are £6 for members, £10 non members. Bookings: Jenny Harding 01297 444034 or Rose Mock 01297 34733. LYME REGIS: Short mat bowls, weekly at Woodmead

Hall, 7.15pm-10pm. New members welcome. BRIDPORT: Bridport Camera Club evening with profes-

sional photographer Matt Austin. Q&A session while he shows some of his pictures followed by low tech lighting demo. 7.30pm at Chancery House, Bridport, DT6 3JT. The club is always happy to welcome new members. For details please phone the Club Secretary on 01308 482658.

DORCHESTER: Kay Townsend recalls 'My Life on the Fairgrounds' at the next Evergreens Social Group at Age UK Dorchester, 1.45am. Everyone welcome. Admission including tea and biscuits for £1.50. For more details call 01305 269444.

**DORCHESTER:** Dorchester Community Church in Acland Road hold a Coffee Morning from 9.30 until 12 noon. Every Wednesday. There is also a stall selling small items and cards. Come along any time for a warm welcome.

#### **FRIDAY SEPTEMBER 30TH**

LYME REGIS: Travelling Fashion Show at St Michael's Primary School. Doors 7pm for 7.30pm. Funds raised towards St Michael's Primary School ICT equipment.
Tickets (costing £6, including a glass of wine) must be bought in advance by calling 01297 442623, 07791709567 or 07989 388802.

LYME REGIS: Lyme Bay Photographic Club meeting. Catherine Carter - Cruise Ships' photographer. At Woodmead Halls, DT7 3PG.

#### **SATURDAY OCTOBER 1ST**

**BRIDPORT:** Bridport Ceilidhs of the Pipe Factory Ceilidh Band, with Simon Maplesden calling. At Church House (St Mary's) Hall, South Street. Doors 7.15 for 7.30-11pm. Tickets £8, and available in advance up till midday on Friday, September 30th from The Music Shop (South Street), Lime Tree Deli (West Street) and by calling 01308 423442

Wyke Regis: Wyke Regis Horticultural Society Open Day, 10am-4pm. This is the beginning of a major overhaul of the Society. We are upgrading the interior of the shop and broadening the range of merchandise available to our Members - we only sell to Members, but we have a Special Offer of Membership until April of £2.50! The variety of plants for sale is also growing. We would be delighted if you could include this good news in the View from Weymouth and Portland.

#### **MONDAY OCTOBER 3RD**

**Bridport:** Family History Beginners/Refresher course, Monday 3 October from 10.00 - 4.00 at Marsh Barn Farm, Burton Rd. Bridport. Cost £30.00 includes handouts and real coffee! Looking at Civil Registration and Census records helping you get back to the 1800s. For more info contact Jane on 01308 425710

BRIDPORT: Adult education course on Medieval Art, Ar chitecture and Decorative Arts, led by Pam Simpson MA. Six sessions, start Monday, October 3rd. 2-3.30pm. At The White Room at the rear of the Chapel in the Garden, Unitarian Chapel, East Street. Fee £60. To reserve a place call 01300 321715

#### **TUESDAY OCTOBER 4TH** HAWKCHURCH: Fairwater Head's one day Boden shop-

ping event, 10.30am-7pm.

#### WEDNESDAY OCTOBER 5TH LYME REGIS: Short mat bowls, weekly at Woodmead

Hall, 7.15pm-10pm. New members welcome. **Dorchester:** Dorchester Community Church in Acland Road hold a Coffee Morning from 9.30 until 12 noon. Every Wednesday. There is also a stall selling small items and cards. Come along any time for a warm welcome.

#### **THURSDAY OCTOBER 6TH**

**BRIDPORT:** Bridport Electronic Organ Club with Ian Griffin from Wales. Concert starts at 7.30pm. At the United Church Hall, East Street. Members £7.50, visitors £9, with refreshments. For more details call 01460 73500. **Dorchester:** The West Dorset Health Service Retirement Fellowship will meet again at 2pm in the Boys Brigade Hall, Sawmills Lane, Dorchester DT1 2RZ when David Forrester will give us a talk entitled Fordington Remembered. The West Dorset Health Service Retirement Fellowship was set up over 30 years ago for retired employees of the Health Service and their partners living in Dorset and meet on the first Thursday of every month except August and December. In addition to the monthly meetings, we have coach outings, a theatre trip and Christmas lunch. New members welcome. Contact 01305 261676 or 785546 for further

# 

#### FREEHOLD HOME & SHOP PREMISES IN CHARMOUTH

A UNIQUE opportunity to purchase a period home on The Street in Charmouth with a small retail shop frontage and large outbuildings with garden to the rear for £495,000 Freehold.

Winton House is a four bedroom Grade 11 Listed end terrace house with an integral shop front and large outbuildings to the rear with parking. (These outbuildings all require renovation.)

The main house comprises, a large sitting room with gas coal effect fire and pine surround. Large boxed sash window and arched recessed alcoves. The kitchen has modern fitted units and appliances and an area for dining. A door leads out to the garden and another to a glazed conservatory passage (storage/utility) area that leads to the rear of the shop.

The first floor offers four bedrooms and a new fitted bathroom suite. The master bedroom to

the rear has sea glimpses. Stairs lead to an attic room that could be converted subject to building regs/consents.

Shop: Was last used as an Ice-cream parlour and chocolate shop but would be ideal for many other businesses. It has a street frontage with an area suitable for outdoor seating. The shop has a preparation counter with sink and cloakroom with basin and WC.

Outside: Double gates lead to parking and a large courtyard to the rear. There is a great deal of potential to renovate and/or possibly convert the outbuildings. There is a lawn with patio area for seating outside the kitchen. Freehold EPC E WDDC band C Residential DFH0802

To view or receive our brochure call FORT-NAM SMITH & BANWELL (CHARMOUTH) 01297-560945-



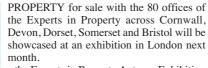








# SOUTH WEST PROPERTY TO SHOWCASE IN LONDON EXHIBITION



the Experts in Property Autumn Exhibition will take place at the prestigious and very busy High Street offices of leading Hammersmith and Fulham estate agency, Lawsons & Daughters, on Thursday 6th October. The exhibition starts at 2pm and will run till 7pm for the convenience of those unable to attend during the working day.

Lawsons & Daughters has given over its impressive front office showroom and dedicated the whole of its window display to the exhibition, which is also being promoted in various national and regional property publications as well as Metro, the Evening Standard and through social media.

Taking Westcountry properties directly to buyers in the capital and surrounds, the network holds regular events in London, the top location of people searching for property in the region. Its last event was a huge success with visitors looking for a diverse mix of property to move into and as investments as well as boltholes and holiday homes.

Local property experts from some of the 80 offices will be travelling to London to attend the exhibition, to answer questions about our beautiful region and show details of specific properties to potential buyers.

Edition 18 of Distinctly Westcountry, the network's glossy magazine and home of distinctive property in the region, will be published to coincide with the exhibition. Copies will be available at the event and afterwards at Lawsons & Daughters as well as



offices of the Experts in Property throughout the five counties.

Steve Moir, chairman of the Experts in Property, said: "We are pleased to once again work in conjunction with Lawsons & Daughters. The location of their office is fantastic, very accessible and easy to find, just a short walk from Fulham Broadway Underground Station and in one of London's most popular residential areas close to Knightsbridge and Chelsea."

Brian Corson, director of Lawsons & Daughters, said: "There is an upward trend of Londoners moving away from the hustle and bustle and the Westcountry is a popular destination, particularly for retirees, young families and those who work from home. We're very pleased to once again host the exhibition"

To have your property taken directly to affluent buyers in London, speak to your local office of the Experts in Property. As an added bonus, the network is currently running an Autumn Giveaway with a top prize of £2,500 to spend in John Lewis – home owners who have their local office conduct a free, no obligation sales or rental valuation on their property are eligible to enter. To find your nearest office, look for the logo or find the Agent's Directory at www.theexpertsin-property.co.uk.







MAYFAIR TOWN & COUNTRY

CREWKERNE 01460 78900

BEAMINSTER 01308 862606

DORCHESTER 01305 269200







BROOKLANDS HOUSE, BEAMINSTER

£560,000

An Immaculate and very Modern Property, Situated just a Short Walk from The Beaminster Square | A Bright and Spacious Hall with a Study Area | Double-Aspect, Light and Airy, Sitting Room | Kitchen with Dining Area | Utility Room Leading to a Downstairs Shower Room | Study Room | Three Bedrooms | uPVC Conservatory to the Side of the Property | Outside Timber Studio | Sauna Room | Front and Rear Garden | Ample Parking | ER:D

Mayfair Beaminster

% 01308 862606

■ beaminster@mayfairproperties.net















CREWKERNE 01460 78900

BEAMINSTER 01308 862606

DORCHESTER 01305 269200



#### FULLERS, BROADWINDSOR

£200,000

A substantial Three Bedroom House in the Desirable Village of Broadwindsor | Similar Properties Urgently Required for Awaiting Applicants | Please contact Mayfair Town & Country Today for your Free Market Appraisal

Mayfair Beaminster

**%** 01308 862606 ■ beaminster@mayfairproperties.net



#### MIDDLE GREEN, BEAMINSTER

£159,950

A Two Bedrooms House, which would make a Perfect Buy to Let | Similar Properties Urgently Required for Awaiting Applicants | Please contact Mayfair Town & Country Today for your Free Market Appraisal

Mayfair Beaminster

**%** 01308 862606 ■ beaminster@mayfairproperties.net



#### CRANLEIGH, MELPLASH

A Substantial Bungalow in a Desirable Location in need of Renovation | Under Offer within One Week | Similar Properties Urgently Required for Awaiting Applicants Please contact Mayfair Town & Country Today for your Free Market Appraisal

Mayfair Beaminster **%** 01308 862606

■ beaminster@mayfairproperties.net



#### THE CROFT, STOKE ABBOTT

A wonderful detached period property set in circa 3.5 acres of unspoilt West Dorset Countryside Kitchen 3 Reception Rooms | Four Bedrooms | Garage with a substantial One Bedroom Annex above | Beautiful surrounding gardens | Ample parking | ER:E

Mayfair Beaminster % 01308 862606

■ beaminster@mayfairproperties.net



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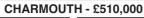




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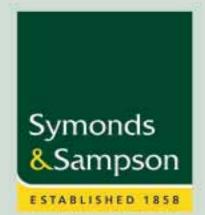












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bathroom, garden, garage and parking. EPC Band D.

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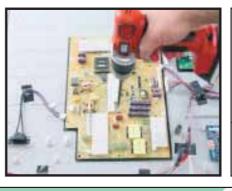
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# Big for the price of small: All-new Ford KA+ offers outstanding space, economy and driving fun

THE all-new Ford KA+ compact car delivers outstanding interior space, excellent fuel efficiency and fun-to-drive dynamics at an affordable price.

Joining Ford's small-car line-up alongside the best-selling Fiesta,\* the KA+ provides an attractive new alternative for buyers who want a spacious, well-equipped and high-quality small car at a price point starting at £8,995.

"Ford has a long history of offering affordable small cars that are practical,

economical and fun-to-drive," said Jim Farley, executive vice president and president, Europe, Middle East and Africa, Ford Motor Company. "KA+ is true to that tradition, packing a huge amount into a compact car that delivers agile driving dynamics and a comfortable interior with class-leading front headroom and rear legroom."

Consumer demand for affordable small cars is increasing in Europe, with price, fuel efficiency and comfort among the leading factors in decision making. Sales of 410,000 small cars priced under €13,000 in 2015 accounted for 13 per cent of the small car segment – itself expected to account for 34 per cent of vehicles sales across the region by 2020.

#### Generous space for five

The all-new Ford KA+ is a five-door hatchback based on Ford's global small-car platform, and offers generous space for five people at an overall

length of less than four metres.

The KA+ is slightly shorter than the Fiesta, but 29 millimetres taller. The interior features, seats, door panels and roof headliner are optimised to provide class-leading front headroom of 1.002mm, rear legroom of 896mm and rear hip room of 1335mm. The spacious interior delivers enough room for a two metre tall passenger to sit behind a two metre tall driver.

The KA+ provides outstanding everyday practicality with 270 litres of luggage space - enough to accommodate two large suitcases plus 60/40 split-folding rear seats, and 21 stowage locations for small items throughout the cabin.

Stowage areas include MyFord Dock in the centre of the instrument panel that enables occupants to store, mount and charge mobile devices such as phones and navigation systems, and front door bins that can each hold a 1.0-litre bottle, a 0.6-litre bottle and a small umbrella. A hidden stowage bin within the end of the instrument panel is only accessible when

the driver's door is open, allowing valuables to be hidden out of sight. Driver and passengers can stow drinks easily with two cupholders for both the front and rear seat rows.

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Taking inspiration from Ford's latest design language, the stylish, well-proportioned exterior features the distinctive high-mounted trapezoidal grille with large, swept-back headlamps. All KA+ models offer a smart, integrated finish with chrome detailing for the front grille, together with bodycoloured bumpers, door handles and door mirrors. A two-piece rear fascia with black insert adds character specifically for European models and also reduces replacement costs in the event of low-speed accident damage.

The interior features an attractive grained finish on the instrument panel and hard-wearing, contemporary trim materials in a stylish dark charcoal colour scheme. Distinctive chrome accents are applied in tactile and highly visible areas such as the door release handles, centre console control knobs



▲ The new KA+ Black and White Editions



▲ The new KA+ Black and White Editions



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# **Motoring View**

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1-0: Ryan Fifer (14) puts

Lyme Regis Reserves ahead in

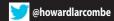
Saturday's 2-1 win over Halwill

Photo by HOWARD LARCOMBE

Reserves at the Davey Fort.

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#### As they stand

Dorset Premier Pld	Pt
DIETOOTIE TOWIT	4
Sherborne Town11	2
Bitton9	
Hallen8	2
Clevedon Town	
BRIDPORT10	-
Brislington7	7
Gillingham Town	7
Shepton Mallet9	- 1
Cadbury Heath	8
Longwell Green9	
Cribbs	10
Wells City10	1
Chipping Sodbury Town 9	12
Street	19
Odd Down11	20
Bristol Manor Farm9	22
Willand Rovers	25
Buckland Athletic 10	25
Bradford Town	
Melksham Town11	26

with the Cooliani Sports	1
Dorchester Sports	1:
Swanage & Herston7	1
BRIDPORT RESERVES7	1
Sturminster Newton 9	1
Blandford Utd8	
Mere Town	
Gillingham Town Res 6	
Wareham Rangers 8	
Parley Sports	
Hamworthy Utd Res	
Sherborne Town Res 8	
Cranborne	
	D4
D&E Division 1 Pld	Pt
D&E Division 1 Pld Wellington Reserves 4	Pt
D&E Division 1 Pld Wellington Reserves 4 Colyton	Pt
D&E Division 1         Pld           Wellington Reserves         .4           Colyton         .2           Cronies FC         .2	Pt
D&E Division 1         Pld           Wellington Reserves         .4           Colyton         .2           Cronies FC         .2           Sidmouth Town Reserves         .2	Pt
D&E Division 1         Pld           Wellington Reserves         .4           Colyton         .2           Cronies FC         .2           Sidmouth Town Reserves         .2           Exeter University 2nds         .2	Pt
D&E Division 1         Pld           Wellington Reserves         .4           Colyton         .2           Cronies FC         .2           Sidmouth Town Reserves         .2           Exeter University 2nds         .2           Albhineton Reserves         .1	Pt
D&E Division 1         Pld           Wellington Reserves         .4           Colyton         .2           Cronies FC         .2           Sidmouth Town Reserves         .2           Exeter University 2nds         .2           Alphington Reserves         .1           Willand Rovers Reserves         .3	Pt
D&E Division 1         Pld           Wellington Reserves         .4           Colyton         .2           Cronies FC         .2           Sidmouth Town Reserves         .2           Exeter University 2nds         .2           Albhineton Reserves         .1	Pt

Balti Sports
Hamworthy Recreation
Westland Sports
Merley Cobham Sports

Witheridge Reserves	0
Bickleigh	0
D&E Division 6 Pld	Pts
Offwell Rangers	7
Winkleigh	6
Exwick Village	6
Hemyock	4
Elmore Reserves	4
Halwill Reserves	4
Stoke Hill1	3
LYME REGIS RES3	3
Silverton	1
Hatherleigh Town Res3	1
Central FC	0
Tivvy Park Rangers2	0
Dunkeswell Rovers 2	0
Perry Street Premier Pld	Pts
Winsham Utd3	9
Beaminster	7
Mictarton 3	ż

winsnam Utd	9
Beaminster	7
Misterton	7
South Petherton	4
Shepton Beauchamp 1 West & Middle Chinnock 2	1
West & Middle Chinnock 2	1
Chard Utd	1
Barrington	0
Combe Reserves	0
Drimpton	0
Netherbury	0
Perry Street Division 1 Pld	Pts
Ilminster Town Colts 2	4
Merriott Rovers	4
Shepton Beau Reserves 2	3
Hawkchurch Utd	3
Forton Rangers	3
IIl	

WIEITIOU KOVEIS	4
Shepton Beau Reserves 2	3
Hawkchurch Utd	3
Forton Rangers	3
Uplyme	2
Pymore	2
Combe A	0
South Petherton Reserves 0	0
Waytown Hounds	Ō
Barrington Reserves	0
Durington reserves	
Perry Street Division 2 Pld	Pts
Farway Utd2	6
Chard Rangers	6
Charmouth	6
Halstock1	3
Thorncombe	3
Winsham Utd Reserves 2	3
Combe B	0
Crewkerne Rangers	0
Dowlish & Donyatt	0
Kingsbury Episcopi2	ŏ
Chard Utd Reserves2	0
Chara Cia Reserves2	U
Perry Street Division 3 Pld	Pts
U-lawa Danama	

Prewkerne Rangers	0
Dowlish & Donyatt	0
Lingsbury Episcopi2	0
Chard Utd Reserves2	0
	Pts
Jplyme Reserves3	9
Jplyme Reserves	5
Crewkerne Rangers Res 3	4
Chard Rangers Reserves 3	4
arway Utd Reserves2	3
orton Rangers Reserves2	3
1 derriott Dynamos	3
'horncombe Reserves 2	3
Aisterton Reserves1	1
yme Regis Rovers	1
Primpton Reserves 0	0
ivehead	Ō
Chard Utd Allstars1	0

# Rainbows put sad Saints to the sword

## Seasiders Ressies up and running - Robins soar past 10 man Dowlish - Cup win for Uplyme

HALWILL RESERVES 1

Devon & Exeter D6
A MUCH IMPROVED performance saw Lyme Regis Reserves bounce back from last week's abject showing at Hemyock as they banked their first ever points in the D&E Division Six.

The Seasiders started well but were unable to find the killer pass in the final third of the

They went close when Mark Bailey, who oozed class all afternoonin an unfamiliar left back role, found Ryan Fifer whose chip looked certain to be headed home by Kieren Daniels but some fine defending - and a sly nudge – denied the teenager his first senior goal for the club. There followed half chances

for Alex Rowe and Daniels before playmaker Tyrone Ruth showed the best piece of skill of the first half; a weaving run past three defenders before unleashing a pile driver shot that pole axed a Halwill defender.

But the visitors held firm until the interval. Soon after the break Daniels crossed well but Fifer's attempted side foot finish found

Then Bailey skimmed the crossbar with a fizzing drive and seconds later was brought down right on the edge of the area with Fort faithful claiming a penalty.

But Weymouth-based referee Colin Taylor, who was nursing a knee problem and subsequently limped around the centre circle for the whole of the match, said

But the opening goal was imminent. Ruth fired in a low drive which skipper Rowe got a toe to and diverted the ball past Oliver Richards in the Halwill goal.

The visitors broke away and Kingsley Wellman, who had a fine game, as did his centre-back partner Wallace Blackmore. made a fine covering header at the far post after the ball had looped over the head of stand in keeper Ally Rattenbury.

Rattenbury made a fine reaction save moments later sticking out a hand to palm away a deflected goalbound shot.

winner killed off the Halwill challenge in the 66th minute.

A five-man team move, the best of the match, ended with Daniels crossing from the right and Fifer lost his marker to side foot the ball in at the far post.

The striker went close to adding a second two minutes later, but it was Halwill who struck next with a breakaway and fine finish from Carl

Substitute Julien Simier had couple of late sighters but his radar was off, however the Seasiders were content with their win and a climb of four places up to eighth.

Lyme Regis Res; Ally Rattenbury, Cameron Fowler, Mark Bailey, Wallace Blackmore, Kingsley Well-man, Jonny Day (Julien Simier 57), Tyrone Ruth, Alex Rowe (Capt), Luke Clifton, Ryan Fifer (Gerard Hitchcock 81), Kieren Daniels.

#### Devon Intermediate Cup - R1 WOODBURY RESERVES 0 UPLYME 3 A FORTUOTOUS goal from

Aaron Cleal put Uplyme on their way to what was in the end a comfortable county cup victory. The full back launched a free

kick from just inside his own half and the ball soared over the home keeper and into the net.

It was 2-0 soon after when hard-running striker Dan Boot was upended in the area and Steve Batey tucked away the resulting penalty.

The result was confirmed after the break when Batey nodded home his second from a corner at the far post.

Uplyme joint-manager Jon Matthews said: "We played well for the majority of the game, but we know ourselves that we didn't get out of 2nd gear and still have a lot more to show.

"Performances throughout the squad were impressive, non more so than Dan Boot who played in the lone striker role and didn't give the opposition defence a moment's rest."

#### PERRY STREET LEAGUE PREMIER

COMBE RESERVES 0 BEAMINSTER 7 BEAMINSTER got off to the perfect start at home against ting home yet another penalty. It was 2-0 soon after with Rhys Hayter getting on the score

**SPORT** 

Dan Baggs nodded home number three and Hebditch struck again before the interval.

Rainbows' manager Gordy Childs took the opportunity to shuffle things around at halftime with three changes. But the goals kept coming

after the hour with Hebditch scoring twice more and Murray Legg getting in on the act. Childs picked out Hebditch

and Josh Baker as his top performers in the 7-0 win.

It was a bad day for Combe whose First and third teams were also beaten 4-0 and 7-0.

SOUTH PETHERTON 8 NETHERBURY 0 Netherbury were thrashed 8-0 up at Lightgate Lane. The first-half was relatively

close. Danny Rendell headed the Magpies in front and Dan Kadir added number two in the closing stages of the half.

But the second 45 was oneway traffic. Ryan Thurgood grabbed a hat-trick, Rendall and Kadir both scored again and Shane Adcock-Case joined in the fun with a 25-yard free-kick.

#### DIVISION ONE

WAYTOWN HOUNDS P PYMORE P STRUGGLING Pymore failed to raise a team for the local derby with Waytown Hounds.

#### **DIVISION TWO**

CHARMOUTH 5 DOWLISH & DON 1
CHARMOUTH cantered to victory after eventually finding a way round the massed ranks of the Dowlish & Donyatt rear-

The South Somerset team. who ran away with the Division four title last season, have endured a mass exodus of players and subsequently turned up with just 10 men.
But they still managed to

breakout and a Gavin Babb goal actually had them in front for a while. But this roused the Robins and strikes from Dan Rendell and Przemek Szmigielski, his first goal for the club, had them in front at the interval

the second period and Bill Ward and Paul Minters rounded things off.

"It was a sluggish start, we did-n't know how to use all the space they gave us, but the goal woke us up and we were much better after the break," said Charmouth manager Kevin Pratt.

#### **DIVISION THREE** FORTON RANGERS RESERVES 8 LYME REGIS ROVERS 5

THERE was a torrent of goal at Forton on Saturday but the Lyme Rovers were always fighting against the tide and trailed all the way through.

Rangers led 2-0 through Jack Alford and Stuart Packer after just 13 minutes. But Dec Ellis pulled one back

midway through the half and an OG made it 2-2 with half an hour on the clock. Experienced front man Packer

made it 3-2 only for Ellis to bag his second Packer then went close with a

shot from the halfway line which struck the crossbar before Dave Fowler edged the hosts back in front at 4-3 at the interval. This became 6-3 courtesy of

Packer's 328th PSDL goal and Alford, but Lyme weren't finished: Ellis completed his fifth hat-trick for the club, but this was trumped by two more from Alford to complete his hat-trick before Jedd Whittington made the final score 8-5. Rovers manager Terry White

picked out centre-back Robbie Fowler as his MoM and also gave a mention to keeper Dave Holland who made several fine

#### **UPLYME RESERVES 4** CREWKERNE RANGERS RESERVES 2

UPLYME came from behind to continue their unbeaten run to the start of the season and move four points clear at the top of the

Crewkerne struck first when a mistimed tackle in the area by Alex Jones allowed Adam Tanner to tuck away the resulting spot kick.

But two goals in four minutes from Frank and Jonnie Harris edged Uplyme ahead only for Mike Traynor to square things up at 2-2 at half-time.

Rangers had the better of the opening stages of the second-half, but the Swallows eventually wrestled the superiority back and they regained the lead 15 minutes from time when MoM Hakim Bibb swiveled well and fired a stunning shot into the

The striker sealed the win with his second seven minutes from

FIXTURES – Saturday, September 24th

DEVON & EXETER LEAGUE (3pm ko)
DIVISION ONE
Alphington Res v Exeter University Res
Bickleigh v Cronies FC
Wellington Res v Lyme Regis
Willand Rovers Res v Colyton
Witheridge Res v Exmouth Town Res
DIVISION GIVE DIVISION SIX

DIVISION SIX

Dunkeswell Rovers v Hemyock
Halwill v Exwick Village
Hatherleigh Res v Offwell Rangers
Lyme Regis Res v Stoke Hill
Silverton v Central FC Winkleigh v Elmore Res

PERRY STREET LEAGUE CORONATION CUP - R1 (2pm) Chard Utd v Drimpton Misterton v Combe Reserves Shepton Beauchamp v Barrington DIVISION ONE CUP –R1 (2pm) Barrington Res v Uplymem Combe A v South Petherton Res Hawkchurch Utd v Pymore

Farway Utd v Forton Rangers Waytown Hounds v Chard Rangers (League games all 2.30ko unless stated)
PREMIER

Winsham Utd v Netherbury (2pm)
South Petherton v W & M Chinnock
DIVISION ONE Merriott Rovers v Ilminster Colts DIVISION TWO
Thorncombe v Combe B (2pm)
Halstock v Dowlish & Donyatt

Kingsbury v Charmouth
Winsham Utd Res v Chard Utd Res
DIVISION THREE Drimpton Reserves v Fivehead Forton Res v Farway Utd Res Ilminster A v Chard AS Uplyme Res v Merriott Dynamos Crewk Rang Res v Misterton Res (4.15) Thorncombe Res v Lyme Rovers (4.15)

# All smiles at Lyme Regis Bowls Club's in-house championships



Mercer Green last weekend - full report on page 46



SINGLES FINALISTS: From left; Chris Barber & Pam Weech and Don Meylan & Paul Pomeroy who contested the Ladies and Men's Singles final sat the Charles

#### **Lyme Regis Gig Club**

# Best ever showing from A team at Newquay

10th/11th brought one of the most fiercely contested events in the Cornish Pilot Gig racing calendar, when 99 of the South West's leading Ladies gig crews battled it out at the Newquay Ladies County Championships.

The racing took place off the harbour wall and was held over two days. Starting on Saturday with a series of qualifying heats each of which saw six Ladies crews competing around a 1.8 mile triangular course.

The quarter, semi and finals were staged on the Sunday.

The first two gigs from each race automatically went through to the next round plus a proportion of the fastest losers

Newquay Club hosted the very

1970 with their three gigs but since then the sport has grown to such a degree that they now borrow 14 gigs from other Clubs. Lyme's Rebel was one of these.

Each crew compete in randomly selected and unfamiliar gigs, which is a bit of a lottery as some of the boats can be in better race condition than others.

The weather for this year's Newquay Championships was sunny with a southerly off-shore wind, a slight swell and ebbing tide. However, Saturday saw the wind and swell increase as the day went on which gave the early starters an advantage.

Lyme Regis' A crew had their best-ever Newquay Championships, fighting their way coming second in their first heat and in their second heat only missing a place in the quarter finals by three seconds.

Lyme Regis A crew's overall final position was an excellent

The Lyme B crew raced valiantly in worsening conditions but were knocked out in the first round

The Championships were eventually won by Caradon A who are also the Isles of Scilly 2016 World Pilot Gig Champions.

Newquay A came in second and Fowey Third.

Lyme Regis are fielding three teams in the Men's Newquay Championships, which are taking place this weekend.



WITH PETER CROWTER

#### **Bridport Bowls**

#### Title won after late drama

BRIDPORT clinched the Dorset Women's League Di vision One in dramatic fashion last Tuesday with skip Rosemary Brooks having to win the last end with her final ball in gathering gloom.

Bad weather earlier in the day had seen Bridport having to travel to Blandford in late afternoon to play what was the title decider.

Bridport led their hosts by three points going into

this final game of the season, and with 10 points at stake, they needed to secure at least five to take the

With Lyn Craddock, Mary Eastman, Laura Taylor & Pat Cornick having lost 11-20, and Frances Hewett, Sheila Jones, Alison Tibble & Melodie Watts winning 21-12, the scores were level at 32-32 with both sides claiming two points each for the win

It all depended on the third rink where there was one end to play. Pamela Daters, Gill Hunt, Marion Carter & Rosemary Brooks had held a two shot lead going into it, but needing just a draw to take the title, they found themselves four down with Brooks'

It was getting dark as the skip played her last wood, and with everyone holding their breath, it slowly crawled into the middle of their opponents bowls and touched the jack to give Bridport victory and the championship.

Bridport Ladies B played their last Division Two game of the season at Dorchester B and, with one player short, were soundly beaten 35-57 despite only playing 15 ends in poor weather, to finish well adrift at the bottom. It's been a difficult season for the team, but with several new members getting experience they should do better next year.

Scores; Liz Newman, Chris Robbins, Margaret Strange & Marion Tocher 17-10; Mary Marsh, Pam Gray, Jean Seadon & Delphine Street 11-21; Janet Bird, Jill Willcox & Jan Tattershall 7-26.

The men were successful after bad weather had caused the postponement of their Percy Baker Cup final against Dorchester the previous Saturday, but that didn't deter them and they won comfortably

Craig Bosher, Mike Smith, Bob Taylor & Brian Rumble scored three on the last end to draw 21-21, whilst Chris Taylor, Ben Jones, Tom Tocher & Chris Thorne recovered after trailing 4-17 at the 10th, and ended with a good run in to finish 19-21. However, Brian Iverson, Keith Brooks, Barry Shortland & Brian Conisbee excelled with an impressive 30-16 win to

President's Day was a great success with friendly bowing and a splendid meal. With over 40 prizes, the raffle, together with donations, was added to the

Julia's House money bringing the total to over £1000. A busy week started with a 102-121 defeat against tourists Spread Eagles. Top rink was Chris Hall, Michael Hangman, Dave Smith & Paul Table.

With five out of the six rinks winning, Bridport won the friendly against Heavytree Tourists 133-99. David Gundry, Geoff Strange, Michael Craddock & Steve Bartlett were top rink 25-11.

With the last two matches being cancelled, the competitive season ended with Finals Weekend (results next week).

#### **Bridport Golf**

# Lathey leads them home in Medal

HE men's section's Sunday competition was the Defibril-lator Medal and there were some pretty heart-stopping scores with 14 players carding nett scores under 70 – possibly a club record!

The conditions were obviously



very favourable and the cutting back of the deep rough has also been advantageous.

An excellent nett 64 by Phil

Dave Franks topped Division One

The best gross score of the day came from Steve Crabb with 75.

Franks 76-10=66, 2nd Gary Edwardes 79-11=68, 3rd (acb) Steve Crabb 75-6=69.

3rd Martin Horton 79-13=66.

85-21=64, 2nd Mike Huxford 89-24=65, 3rd (acb) Mannie Wellman 90-22=68.

Franks, Gill, Horton, Huxford and Wellman by one. An extra Junior Medal on Satur-

day was won by Mannie Wellman scoring 89-23=66.

#### **Veterans Section**

SOME veterans were involved in a home match in the afternoon against Wareham so Thursday's competition was a self-entry, Single Division Stableford.

There were some good scores

Lathey in Division Two was the best score of the day and this was replicated by Dave Smith in Division Three where six players came in with nett scores in the 60s.

with a nett 66.

Results: Division One - 1. Dave

**Division Two** – 1st Phil Lathey 80-16=64, 2nd (acb) Roy Gill 80-14=66,

Division Three - 1st Dave Smith

Lathey and Smith had their handicaps cut by two strokes,

turned in by the 39 entrants with

# **♦ WELL DONE:** Joan Holt presents the ex-captains cup to the winner Liz Thompson

14 carding scores of 34 points or more. These scores were surprising because there was a stiff, north easterly breeze and conditions tricky.

Coming top of the pile by a clear two points was Bob Harding with a fine 40 points. Next were two players with 38 with Graham Toop taking the runner-up spot after count-back.

Results; 1st Bob Harding (17) 40pts, 2. (acb) Graham Toop (23) 38, 3rd Dudley Rose (28) 38, 4th Glyn Peach (28) 36, 5th (acb) Chris Roberts (21) 35.

Harding had his handicap reduced by one stroke.

The home match versus Ware ham was halved 3-3. A special thank you from team captain Dave Rendell to Roy Gill who, having just competition, stepped in at the last moment to fill in a vacant place in

finished playing in the morning

#### Ladies Section by Di Neal

SATURDAY saw some ladies in action in the return Broadchurch match against Clevedon.

On Tuesday thunder and lightening cancelled our ladies day.

The ex-captains played a most enjoyable game last week and were delighted that Joan Holt, who gave the cup many years ago, was able to come to the club and present it to the winner Liz Thompson.

The summer pairs was won by Sue Walsh & Julie Oliver who were successful with the last putt on the 18th. Runners up were Pat Baldwin & Marion Hurley.

#### of the season. With both Canaries and Gunners winning the title is between the Gunners currently hold the advantage with a far superior shot difference. Brian Baker, Nova Varney & Martin Wilton's Gunners had a comfortable 15-5 win over Hammers. whilst Canaries of Sylvia and

**Indoor Bowls** 

Down to the wire

THE Bridport & West Dorset Indoor Bowls

Evening League title will

go right down to the wire and the final games

Cherries 12-9. Martin Waters, Peter Hunt & Reg Dodd's Red Devils beat the Foxes 15-4 to consolidate third

Mike Fletcher & Mel Har-

gett fought back from 4-

8 down to beat the

spot. Norman Eccles, Phil Pensioners beat Spurs 11-9, whilst the Glovers comprising Bernard Perry, Millie Meech & Mike Parsons recorded an 11-6 victory over Potters. Meanwhile, Brian Sav-

ery, Erica Sarson & Chris Clarke's Magpies scored a five on the last end to draw 11-11 with Pat Anderson, Margaret Pestelle & Tony Sharood's Toffees.

Pugalists need one more point from their last two matches to pick up the gold medals in the **Morning League** after Norman Eccles, Eric White & Martin Wilton

beat the Archers 14.9. Their chances were enhanced after Divers lost 19-13 to Brian Toms Reg Dodd & Phil Hedges' Equestrians, but they are still favourite for the silver medal spot.

The Fletcher's & Geoff Hansen's Hurdlers could still catch them after a 10-7 win over the Swimmers but need to win their last two matches to stand a chance.

**Bottom side Wrestlers** recorded another victory with a 15-8 win over Decathletes.

Other results: Rowers 18 Fencers 8; Cyclists 13 Gymnasts 10: Swimmers 23 Wrestlers 11; Decathletes 12 Gymnasts 6.

#### **Lyme Regis Golf**

# Melissa goes close in county colours

Lyme Regis Golf Club's Melissa McMahon who capped a truly mo-mentous year by playing for Dorset in the inaugural ENGLAND GOLF CHAMPION OF CHAMPIONS played at Woodall Spa.

Melissa was leading until the win-ner Catherine Roberts from Lanashire holed a 25ft putt on the last for one-over 73, to edge past Cornwall's Georgia Price, who had just chipped in for her birdie so tying with Melissa for 2nd place.

SEPTEMBER STABLE-FORD was the vehicle for a superhuman effort from scratch golfer Scott Love who won Division One with 42 points - the best score of the day. His score included seven birdies and 21 points on each nine as he powered his way round.

Trailing in this wake were two

good scores from Andrew Dawe (40, with a back nine of 21 points) and John Ashenhurst (39, with a spectacular front nine of 22 points) finishing 2nd and 3rd.

Matt Brotherton won Division

Two with 36 points while Graham Paterson beat Andy Richardson on countback, both with 34 points.

The seniors' SEPTEMBER STA-BLEFORD Division One was won by Paul Galloway with 37 points from Charlie Lane, 36 and Brian

Steve Percival scored consistently well on all holes to secure Division Two with 37 points, while Peter Williams and John Jones both scored 36 with Peter winning on countback

Mathew Watson improved one place in the MIDWEEK STABLE-FORD to win with 38 points.



Meanwhile, nine-handicapper Dominic Beardwood dominated the JUNIOR ORDER OF MERIT with

an excellent nett 72, including a birdie on the 17th to win from Lewis Gibbons 77 and Bradley Searle 79.

#### **Nags Head Darts**

Terry Prowse36	61
Matt Yarrow36	59
Merv Wackley36	50
Tony Young32	49
Dan Shakespeare 36	47
Flyn Jones	46
Ryan Cross	46
Ray Powell36	45
Rob Millward	41
Mark Barnett35	36
Tom Bond	33
Andy Reid	25
Chris Higgs36	21
Mike Durrant36	17
Mark Bradley35	15
L.Prowse	9
Most 180s: M.Yarrow	21.
T.Prowse 17, M.Fisher	15.
R.Cross 12, T.Young 9.	

#### **Rio 2016 paralympics**

# Brilliant Blake blasts his way to Rio gold

gold in the T36 400 metres final in Rio last Friday, and in doing so claimed Britain's 50th gold medal of the 2016 Paralympics Games.

The 26-year-old who had to settle for silver in London four years ago, went one better this time as he raced to victory in a season's best time of 54.49 seconds despite the rainy conditions, beating his old adversary, Ukraine's Roman Pavlyk into second place by over a sec-

Blake, from Charlton Down, Dorchester, was drawn in the unfavourable outside lane which



meant that he could see none of his rivals inside him, whilst Pavlyk, who finished third behind him in 2012, had the inside lane

However, it was the Pole Krzysztof Ciuksza that Blake saw just ahead of him on the top bend as the stagger began to unravel with 120m to go, but he kept his cool and as Ciuksza began to tire, Blake accelerated away down the home straight to win by an incredible six metres.

Afterwards an elated but modest Blake told Channel Four: "I'm lost for words. In 2012 I was fortunate enough to get silver and bronze (800m) and I've finally done it (won gold). All the hard work this year has paid off.

He also paid tribute to his coach and his family, who were in the stadium to watch his

His victory was well received among the commentator's in the studio at the stadium including Iwan Thomas, himself a silver Olympic 400m winner who was extremely complementary at the way he ran the race. He said: "Paul is one of our most outstanding and experienced athletes and is very popular within the team," before claiming his own headline: "Blake is brilliant in Brazil"

However, there was disappointment the following day when he finished second behind Australian James Turner in the T36 800m.

Blake was hoping to make it a double gold in the longer distance, but had to settle for silver behind the 20-year-old who only switched from playing seven-a-side football for his country to athletics last year.

The rookie in the field, he set off at speed from the start, whilst Blake who claimed bronze in London, set off in pursuit. It was anticipated that Turner would tire as the race progressed, but despite Blake closing slightly at the start of the second lap, the Aussie maintained his pace to the finish to smash the existing world record by three seconds.

Magnanimous in defeat but as always modest and polite he told Channel Four: "To get a silver medal, I'm really pleased with myself. I went off a bit too slowly. If I had gone off a bit quicker, I maybe could have held onto him. He was just better than me on the day. Congratulations to him.

"He went off pretty hard. My coach told me if he takes it out then I should go with him, and I did. But, I wasn't strong enough.

Considering he was dogged by a heel injury in the summer that put his chances of selection for Rio in doubt, the 26-year old will feel a gold and silver was just reward. He concluded: "It's been an amazing experience."

#### No medal for Neill

DESPITE a valiant effort from Holly Neill, she finished out of the medals in the F41 Discus last Thursday in Rio.

The 27-year old from Chantmarle was making her first Paralympic appearance and was hopeful of an outside chance of a medal following her bronze at the European Championships in Grosseto, Italy,

However, she could not compete against the power, particularly of the Tunisian's, and had to settle for eighth with a best throw of 23.13m, just short of her PB of 23.76m set earlier this year in Dubai.

The event was won by Raoua Tlili of Tunisia with a world record throw of 33 38, over seven metres more than silver medallist Niamh Mc-Carthy of Ireland.



#### **Dorchester Rugby**

#### AGM date set

DORCHESTER Rugby Club full members, Vice Presidents and adult playing members) are advised that the club is holding it's annual general meeting on Thursday, September 29th.

The meeting is scheduled to commence at 7pm in the clubhouse.

#### **Bridport skittles**

#### Closing date approaching

ENTRIES for all individuals, pairs, threes and fours competitions need to be received by this weekend (Sunday 25th) Entry forms can be found in the league fixture booklet and can be posted to the secretary or left at the Lord Nelson Entries received after this date will NOT be accepted.

#### **Moonfleet Bowls**

#### New faces welcome

MOONFLEET Bowls Club is holding an open day at it's Knightsdale Road home on Saturday, from 10am to 4pm.

There is no need to book, just turn up - shoes and bowls will be provided and there is free parking.
This will be followed

by a five-week beginners course starting in Octo-

For more details call 01305 759106 or see www.weymouthindoorbowlingclub.co.uk

#### Lyme Regis Sailing Club

# Bart remembered

THE annual memorial race for Andrew 'Bart Simpson, Olympic Gold medallist for the GB team before his unfortunate death while practising for the 2012 Olympics, was sailed by teams from around the globe, all during the 24 hour time slot.

A total of 19 dinghies competed at Lyme Regis with 29 sailors from LRSC

A measured distance is sailed by all competitors, giving a club result but also an international placing for the thousands who take part.

Inconsistent, fickle winds gave Race Officer Ian Wallace a difficult task, sailors moving well and then almost becalmed by turns, but the Bash was enjoyed by the sailors as a welcome chance to support such a worthy cause by dona-

Two of Lyme's top crews failed to sail the

young Oppie sailors taking part in a club event for the first time did well on handicap; Ed Stubbs was 7th, with Henry Birchall and Archie Sowerbutts 12th and 13th, in spite of having to keep going for over an hour to

Winners Dave Stubbs & Paul Aitken took the honours, with Colin Walters & Simon Law the runners up. This was a nostalgic event for Colin who was a family friend of An-

The club has been donated the buoyancy aid worn by Bart during his Olympic races, and this will be deep-framed and hung in the clubhouse with the names of the winners and highestplaced your. scribed annually.

when he visited the youth section to coach members and speak of his experiences are disbuoyancy aid.

Commodore Jerry thanked Crispin Read-Wilson for the gift -Crispin was Andrew's sailing coach at school.

There is a delay while racing is completed in countries to the west of Britain, then the placings will be published and the amount collected for the Foundation announced.

Lyme's results: 1st Dave Stubbs & Paul Aitken (RS400), 2nd Colin Walters & Simon Law (Albacore), 3rd Andy Robinson (Solo), Simon Ransome Williams (Laser 3000), 5th Maggie Dunn (RS Aero), 6th Simon Clark (RS700).

The morning continued with two further series races, with Ed Stubbs beating Dave Guthrie into second place by two seconds on corrected time in the third of the

Ed was rightly thrilled with such an excellent result, heading the fleet.



# Lyme ladies survive with last day win

THE Lyme Regis Bowls Club's ladies have done it! A spectacular 8-2 win against Broadstone ensured that they stay up in Division One

A big 'well done' to the Ladies who have played in the Edna Paisley league this season. Usually languishing near the bottom in previous years, this year they finished a very creditable 3rd.

Results: Dorset Ladies Div 1: Lyme 49 Broadstone 44 - S Bond, Bishop, J Parsons, P Weech 19-15; J Kesterton, S Wood, C Barber, N Stephens 20-13; J Moffitt, C Pomeroy, S Rowe, A Allman 10-16

Friendlies: Lyme 69 Seaton 106 M Bartlett, M McAlpine, S Wood, B Rattenbury 14-20; B Downes,P Knight, N Bond, P Weech 16-13; F Sell, S Bond, A Nabarro, B Parsons 15-18; B Smith, D Courtenay-Smith, J Parsons, D Wood 9-30; M Knight. T Payne, J Kesterton, S POmeroy

Lyme 118 Topsham 92 - P Knight, T Payne, S Wood, P Weech 16-17; J Moffitt, B Driscoll, A Nabarro, N Stephens 19-12; B Downes, P Stephens, J Beadsley, Chas Barber L Young, D Courtenay-Smith, R Turpin, B Parsons 22-19; T Young, N Driscoll, J Parsons, P Moffitt 23-14; N Solomon, J Kesterton, D Wood, B Rattenbury 20-14.

The past weekend was finals week end for all the in-house competitions First up were the ladies and men's 4 wood drawn pairs.

Angela Rattenbury & Chris Barber beat Frances Sell & Nola Stephens 24-13 while Philip Stephens & Steve Pomeroy defeated Mick Heneghan & Alan Weech 22-

Next up was the men's 2 wood singles between league compatriots Paul Pomeroy and Steve Chant with the former running out a comfortable winner at 16-11.

Now for the 'Rocky,' between Don Meylan and Alan Nabarro. At 22-20, Don needing 25 and Alan 21 on handicap, Don finally got back into the zone with 3 singles to clinch the

The ladies 'Fillies', for ladies of a certain age, was between Chris Bar-ber and Nola Stephens. Nola was dominant throughout in a comprehensive win 18-9.

On Saturday it was the married couples, which is always certain to give entertainment. This contest was between the Woods and the Pomeroys. Dave & Sue Wood got off to a good start, leading 12-6 after 10 ends, but were reeled in by Steve & Chris Pomeroy who, with a six on the 14th end, went on to win by a margin of 25-17.

On Sunday The Ladies invitation involved three of the Pomerov fam-

Paul and his mum Chris were up against dad Steve and Pam Weech. Paul & Chris got off to the best start but both teams were soon locked in a war of attrition, so much so, that at 20 ends the scores were tied at 21-21. Steve & Pam were the final victors securing 2 on the last end.

The 2 wood open pairs was between Frances Sell & Chas Barber and Alan Foster & Barry Rattenbury. Foster & Rattenbury couldn't buy a shot for 7 ends and soon found themselves 11-0 adrift

It has to be said that both leads were struggling for consistancy leaving Chas & Barry slugging it out at the back end.

Fortunes slowly changed and Foster & Rattenbury were back in contention at 11-14 after 18 ends. At 13-15 after 20 ends there must have been some sweaty palms. Sell & Barber held their nerve and holed out

The three set singles, five in the final, went the distance. Don Meylan was in action again against Trevor Allman, and got off to a flying start winning the first set 7-0. He should have won the second with a 6-1 lead, but allowed Trevor back in to sneak

The next set went to 7-6, again in Trevor's favour but Don snagged the 4th set by 7-3 and were into a final

Don started with a single but im-

picking up another single.

Trevor changed into top gear after

that and closed out the match with three successive singles. Sunday afternoon and it's time for

all the 4 wood single's finals. In the ladies handicap, Ann Allman took on Jan Parsons both playing off

Despite a strong start from Jan, she was quickly overhauled by Ann, both ladies playing some superb bowls. At 18-5 Ann looked in control but Jan made a brief rally to pull back to 19-11 before finally succumbing at 21-

In the Men's handicap, Steve Pomeroy was looking to capitalise on his morning's success up against Chas Barber who was giving Steve a

Steve never seemed to get going, and Chas was always in charge of this game with Steve stuck on three for seven ends. Chas finally wrapped up the game at 17-8.

In the ladies championship, Pam Weech was again in action against Chris Barber.

Pam suffered the same fate as her invitation partner Steve and didn't really turn up for this match.

Chris was playing with good line and length and Pam wasn't able to match her and in the end, yielded to superior play on the day. Chris ran out a very comfortable winner at 21-

Now the men's championship between Paul Pomeroy and Don Meylan. After his marathon 34-end match in the morning, Don's playing was a revelation

Paul had little answer to Don's consistant and accurate drawing and, the little runner to great effect when needed.

Paul had little of his usual success with his weighted woods with Don invariably being on the better end of these exchanges.

Don held his nerve and his concentration, and that's difficult, and was a very worthy winner at 21-14.

See photos on page 44...

WITH STUART BROOM

# Spirited Bees fall to high-flying Farm

Bridport 1 Bristol Manor Farm 3

Bees news

Toolstation Premier – att; 100 BRIDPORT might feel aggrieved that they didn't take a point at home to Bristol Manor Farm on Saturday.

They gave a solid display that, had they not been reduced to ten men midway through the second half, might have at least salvaged a point having been two goals down at half

Farm came confident of victory, and their experienced side were combative, but Bridport matched them for long periods with keeper Ashley Clark far busier than Bees gloveman Jason Hutchings.

There was a blow before kick-off with the news that captain Ryan Hayter, who made his long awaited return at Wells City on Tuesday, was unable to take his place in the centre of defence due to an impact injury, although he is confident he will be fit for selection next

However, new signing James Regan made his home debut at right back, with Matty Condliffe switching to the left berth.

The visitors had first strike at goal, but Aaron Robbins' header was straight at Hutchings, but another corner in the 11th minute brought them a goal. Pete Sheppard's low flag kick evaded everyone before finding Martin Stowell who stabbed it home from close in

Ed Butcher once again showed electrifying pace down the left and fired in a low cross that just evaded the inrushing Mark Salter.

Midway through the half Louis Rutter was unlucky not to equalise when his header from a corner beat Clarke but was headed off the line. The Bees now started to take com-mand and wonderful interplay across the top of the penalty area involving Tom Blair and Salter saw Rutter's fierce shot pushed away by Clarke. The ball rebounded to Blair whose volley was well saved by the recovering Farm

Bridport's superiority niggled the visitors, and on the half hour a series of fierce tackles ended in a skirmish in which Jack Durrant. Stowell, Rutter and Leigh Bailey were cautioned by referee Stephen Graham.

Bridport continued on the offensive with Farm making errors but on 33 minutes they caught the Bees on the break and a defence splitting ball from Jake Cox gave Sheppard a free run and he cleverly sent the advancing Hutchings the wrong way with an angled fin-

Bridport, needing to get back in the game,

attacked from the start of the second half and got their reward on 54 minutes when Bailey nodded down Butcher's corner and Rutte swept the ball home from close range

Farm were on the ropes and a minute later Salter pulled the ball back to the far post where Blair's goalbound volley struck a de-

It appeared only a matter of time before Farm would crack, but on 64 minutes Bridport were reduced to 10 men, as it appeared Durrant's constant aggravation and apparent playacting finally paid off as Rutter was dismissed for elbowing him in another alterca-

Despite this setback they continued to look for an equaliser, and Salter fired over before Farm struck the killer third goal on 73 minutes to effectively end the contest

Jordan Metters' curling free kick found Robbins unmarked on the penalty spot and he deftly steered his header into the bottom cor-

This took the wind out of Bridport's sails and they had to thank Hutchings for preventing a fourth when he was quick off his line to block George Boon's effort.

There was further disappointment for the hosts when Andy Martin had to leave the field with a dislocated shoulder in the latter stages after he was unfairly pulled to the ground as he shielded the ball over the goal line; the Farm player escaping punishment.

Reflecting on the game, manager Adam Fricker said: "I thought we were excellent and very unlucky, and if we hadn't had a man sent off, I was confident we could have got an equaliser and possibly gone on to win it. It's

On the sending off he said: "Louis is disappointed with himself and apologised to the lads for what he did. I'm not going to hold it against him; it was in the heat of the moment.

"However, there were plenty of positives we can take from the game. It was disappointing we've come away with nothing, but the lads need to take that into the next game and build on it.

"They (BMF) are an experienced team and will be near the top at the finish and we couldn't havew asked more from the lads today, and hopefully we can build on that performance.

Blair who hobbled off 10 minutes from time having suffered cramp, was praised by the Bees boss: "He was just cramped up, but had put in a fantastic display.

On Martin's injury he said: "It's a massive

but it's a common thing for him, but he usually comes back from it quite quickly."

Bridport have received seven-days notice of approach from Chard Town for Will Spurway, and from Willand for Ed Butcher.



#### Bees battle back at Wells

Wells City 2 Bridport 2 Toolstaion Premier – att; 48

BRIDPORT produced a battling performance ain Somerset last Tuesday to claim a point against Wells City after twice falling behind.

With several players carrying injuries and Kris Hastings having moved to Sherborne Town, manager Adam Fricker signed Taunton Town's James Regan on dual registration forms just before kick-off.

The 22-year-old midfielder/ full back who is also a talented cricket having played for Somerset, was immediately drafted into the started side along with Ryan Hayter.

The club captain who has been sidelined this season due to a hip injury, successfully came through a run-out with the club's third team on Saturday, and took his place in the centre of defence.

The hosts took the lead which they held until halftime, but Bridport equalised in the 56th minute when wing back Adam Barrett kept his composure after breaking through, to round the keeper and slot home

However Wells hit back to lead once again,

but Bridport persisted and were rewarded on 79 minutes when Tom Blair skipped down the right wing before whipping in the perfect cross for the experienced Mark Salter to comfortably convert with a positive header.

Inspired by this the Bees finished strongly and might have snatched all three points but for two excellent saves from City's keeper, although that would have been unfair.

Fricker agreed that neither side deserved to

"It wasn't a classic to be fair, but we showed quite a lot of character to dig in and fight back twice and could have won it in the end to be honest, although I think with the chances both teams had, a draw was a fair re-

There were positive signs from our point of view, the biggest being that Ryan (Hayter) played all 90 minutes and doesn't appear to have any reaction. He showed that little bit of experience that we've been lacking which was really pleasing." Fricker also had encouraging words about

Tom Blair saying: Tom did really well for us pre-season but the suspension he had at the start of the league programme he appeared to lose a bit of his match fitness, but he showed again what a good player he is, and what a bright future he has ahead."

With reference to the signing of Reagan the Bees boss said: "He's been playing cricket until now and hasn't had time to get up to speed at Taunton, so has come across for a couple of months and we will see where it goes from there."

#### **Annetts: No complaints** Swanage Town & Herston 2

**Bridport Reserves 0** Dorset Premier League

BRIDPORT manager Shaun Annetts admitted his side were well beaten at Day's Park on Saturday and that the margin of defeat could have been more.

"After a bright start they put us to the sword for the next half hour and in truth could have had more. We changed our formation after an hour and things improved slightly, but they are a good side, and will be in the top six come the end of the season."

With captain Dan Peart at a wedding, and Alan Hill called up to the first team, the Bees boss gave debuts to left back Nathan Storey, the 18-year-old brother of Exeter City's Jordan, Dean Hyett and Christoph Kurzmann, an Austrian who can play in the back or as a

holding midfielder. This called for a reshuffle and a new look back four with Luke King the only experienced defender. Bridport got off to a good start and looked

lively but Swanage took over and put them under extreme pressure. Quicker and sharper in every department, they got the ball wide as Bridport failed to close them down and allowed them to play.

Keeper Billy Fleet was forced to do a lot of

sweeping at the back as the Swans played balls through and over the defence. One ball over the top saw Fleet rush from

goal but his clearance struck an inrushing forward and rebounded to Graeme Rose who rolled the ball into an empty net. Five minutes later the defence failed to shut

down Rose and he had time to pick his spot with a curling 25-yarder shot which Fleet got his fingertips to but couldn't prevent going into the top corner. Stern words from Annetts at the interval

saw a marked improvement without really threatening the home defence. On the hour a change of formation saw Josh Hunter receive more support up front and the Bees did create a couple of half chances but Swans ran out comfortable winners. Annetts said: "In the first half we were poor

and it could have been more. There was an improvement in the second half but we were well beaten by a good Swanage side.

"We need to improve our sharpness and fitness, and hope we can get back to winning ways at home to bottom side Cranborne on

#### Kamara hat trick as Bees buzz Shillingstone 1 Bridport A 8

Dorset Division Four
BRIDPORT A made light work of Shillingstone
who had already conceded 12 in losing their
two opening Dorset League Division Four Ali Kamara opened the scoring and soon

added a second before Callum Middleton added a fine goal to make it 3-0 at half time. Bridport increased their lead after the inter-

val as Kamara secured his hat trick. Sam Handvside soon added another with a

fine shot and secured his brace with a fine individual goal after weaving his way past six Shillingstone challenges.

Jaydon Scadding converted number seven from the penalty spot and Jake Rowland completed the Bees scoring before the home side netted a late consolation.

#### Lyme Regis Skittles

RESULTS w/e September 17th

Men's; Alleytwits 329 (+BL) British Legion 263 Shakers 292 (+BL) Miscellaneous 292, Anthill Mob 312 (+BL) Flyers 325, Clueless 294 Wreckers 300 (+BL), Trappers 329 (+BL) Young Guns 321, No Hopers 350 (+BL) Rousdon Rebels 300, Tornadoes 314 (+BL) President's Men 323. (+BL = Beer Leg winner).

#### Upcoming fixtures

(Tonight) Wednesday

Shakers v Alleytwits, President's Men v British Le-Friday Anthill Mob v Clueless, Rousdon Rebels v Flyers, No

#### Hopers v Marksmen, Wreckers v Trappers, Roadrunners v Tornadoes

**Monday, September 26th** Wootton Wobb v La Crème, Hot Gossips v Skittso's,

#### Rollercoasters v Generations, Wild Pins v Smashers. Wednesday, Sept 28th

Clueless v Flyers, No Hopers v Young Guns.

#### Friday, September 30th

Rousdon Reb v Marksmen, Anthill Mob v Trappers, Shakers v British Legion, Miscellaneous v Tornadoes,

#### President's Men v Roadrunners. Monday, October 3rd

Wootton Wobblers v Hot Gossips, La Crème v Smashers, Generations v Wild Pins.

#### Tuesday, October 4th President's Men v Shakers

#### Wednesday, October 5th No Hopers v Wreckers, Clueless v Rousdon Rebels.

Thursday, October 6th

#### Skittso's v Rollercoasters

Friday, October 7th

Alleytwits v Tornadoes, Miscellaneous v Roadrunners, Flyers v Trappers, Marksmen v Young Guns.

#### Lyme Regis Bowls

# Convincing home start for Blues

#### Bridport 1st xv 45 Salisbury 24

ON a bright September afternoon Bridport opened their home league campaign on a bright Saturday afternoon.

Salisbury had the kick off with the sun and wind behind, but very quickly Bridport were pressuring in their half and in the fifth minute the ball came out to Ricky Stubbs who ran straight through the backs to, before off-loading to Al McNab to cross for try which was converted by Rory Greening.

From the restart the hosts were unfortunate to conceded a penalty in the maul. but Salisbury were unable to reach the line and a good catch allowed Freddy Woolner to run through the opposition and put another points on the board and Greening converted.

With most of the first half played in the Salisbury end it was inevitable that the pressure would pay off so it wasn't long before David Cutting touched down for another try.

The a Salisbury attack was snuffed out by Ricky Stubbs for a line out which Bridport won and Freddy Woolner ran through fro another Greening-converted



The visitors did beak their duck before the interval but Bridport led 19-5

Salisbury improved after the break, but some excellent Bridport defeding over 10 phases held them at bay before the dam broke and the visitors crossed the whitewash for a second time.

The hosts responded well and the boot of Greening was in action again converting a Mitch Waters touchdown after a good pass from Kieran Hurry.

With Bridport now well in front, and with some replacements due to injury, Salisbury managed to put on another 14

Then in the dying minutes Bridport had forced an excellent breakthrough with RStubbs moving the ball out to Woolner to a jubilant Jason Blackmore who went over for his first try, and another successful conversion gave Bridport a convincing 21 point lead at full time.

#### LYME REGIS CRIB

Results; New Inn Kilm A 3 Dolphin 2, Nags Head 3 Charlie's Angels 2, Stepps 5 Ship Inn LR 0, Gerrard Arms 3 Lamb Swans 2, New Inn Kilm B 3 Ax Cons 2. Beer League; New Inn Kilm

A 0 Dolphin 3, Nags Head 2 Charlie's Angels 1, Stepps 2 Arms 2 Lamb Swans 1, New Inn Kilm B 3 Ax Cons 0. Fixtures (September 26th): Ship Inn LR v Talbot Arms. New Inn Kilm A v Gerrard Arms, Nags Head v Lamb

Swans, Charlie's Angels v

New Inn Kilm B, Dolphin v

Nags Head, LR ..... New Inn Kilm A .... Dolphin, Beer . . . . Gerrard Arms, Colyton Lamb Swans . . . . . . Charlie's Angels New Inn Kilm B Talbot Arms, Uplyme Ship Inn, LR . . . . . . Beer League Nags Head, LR Pld Pts

Axminster Con Club .
Lamb Swans . . . . .
New Inn Kilm A . . . . Charlie's Angels . . Ship Inn, LR Talbot Arms, Uplyme

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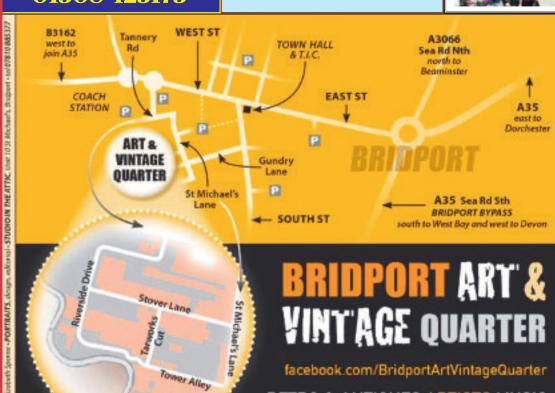
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